



OM Board <omboardexecutivedirector@gmail.com>

Question about pricking and/or wet cupping

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To: OM Board <omboardexecutivedirector@gmail.com>

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Dear OM Board,

I hope everything is going well with you.

- The procedure of Wet Cupping is to puncture the skin with a lancet or sterile needles before the cups, either suction cups or fire cups are placed. Practitioners use PPE, which is gloves and protective eyewear during performing wet cupping. Disposable cups are used for wet cupping and then, the used cups are put in the biohazard trash.
- Bloodletting technique is an acupuncture therapy that is used to treat qi & blood stagnation, excess heat & fire, and LV Yang rising.

Reference:

- CNT, 7th Edition Manual English February 2020
- Acupuncture Today:

<https://acupuncturetoday.com/article/28255-bleeding-techniques-ancient-treatments-for-acupuncture-physicians>

- NCCAOM Exam content outline.

2020 – English – Acupuncture with Point Location exam content outline

Thank you

Warm regards,

Dr. Roberto Irawan, OMD

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