

CEU / CME* COURSE TITLE: Battlefield Acupuncture

INSTRUCTOR: Lewis A. Hofmann, MD, FAAFP

DATE: Two hours in-person: April 13, 2023 offered twice on 8-10 am and 10:30am-12:30pm. Two hours online pre-course study. Online materials available on April 5th after registration.

LOCATION: Womg University of Oriental Medicine, 8620 S Eastern Ave, Las Vegas, NV 89123

COURSE DESCRIPTION

Quickly delivering rapid pain relief with minimal side effects can have great advantages in all clinical arenas. This practical, hands-on workshop is designed to teach a simple and highly effective protocol to reduce pain utilizing auricular acupuncture. Students will learn to place indwelling needles in five specific points on each ear and leave the course confident to immediately utilize this technique in their practice.

OBJECTIVES

1. Understand the origins of ear acupuncture.
2. Understand current theories of how battlefield acupuncture works.
3. Have awareness of evidence based research on battlefield acupuncture.
4. Appropriately select patients for battlefield acupuncture: Recognize conditions which battlefield acupuncture can treat, identify patients who should not receive battlefield acupuncture, and understand unique implications of acupuncture treatment (pilots, those who carry weapons, etc).
5. Understand the effectiveness of BFA
6. Master performance of battlefield acupuncture: Obtain and document informed consent, locate and sequentially needle the battlefield acupuncture points using proper aseptic technique, appreciate the possible complications of battlefield acupuncture and be prepared to manage them, identify, understand, and convey post-procedure instructions and precautions, and demonstrate proper documentation of a battlefield acupuncture treatment.
7. Know how to order battlefield acupuncture supplies.
8. Know how to access acupuncture consultation if needed.

CONTENT OUTLINE

Online Pre-course Study

Required Readings: *Battlefield Acupuncture Protocol* and *Point Atlas*. The pre-course readings and links to videos will be emailed to students on April 5 after completing registration. Students should have completed the written examination prior to the on-site session on April 15th.

Total time: 2 hours

*Continuing Medical Education Credit (4 hours) has been applied for and is pending determination by the American Academy of Family Physicians.

Topic	Teaching Method (Listening, Reading, Writing, Watching Visual Aid, Research)	Duration
Introduction	Watching Visual Aid	5 minutes
Battlefield Acupuncture Slide Presentation	Watching Visual Aid	30 minutes
Treatment Demonstration	Watching Visual Aid	5 minutes
Reviewing the Protocol Book	Reading	50 minutes
Reviewing the Point Atlas	Reading	15 minutes
Written Examination*	Writing	15 minutes

*For the written exam, students will download the exam and answer sheet, complete the answer sheet, and e-mail the answer sheet to the instructor for grading.

Live In-person Training

Date and Location: April 13, 2023, 8:00am-10:00am or 10:30am-12:30pm at Wongu University

Total time: 2 hours

Topic	Teaching Method (Lecture, Demonstration, Group Discussion, Supervised Practice, Question & Answer)	Duration
Needle Orientation	Lecture	10 minutes
Needling the Points	Demonstration, Supervised Practice	50 minutes
Reviewing the Protocol	Lecture	10 minutes
Practicing the Protocol	Demonstration, Supervised Practice	40 minutes
Summary and Question/Answer Session	Question & Answer	10 minutes