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**NEVADA STATE BOARD OF ORIENTAL MEDICINE  
APPLICATION FOR CREDIT APPROVAL OF CONTINUING EDUCATION  
Pursuant to NAC 634A.137**

- Please note that if your CEU course has been approved by NCCAOM as a core competency with the designation of **AOM-ABT, AOM-AC, AOM-BIO, AOM-CH, AOM-OM, AOM-SA, and/or AOM-ET**, then it will be automatically deemed approved and you do not have to submit this form.e
- One application per course must be submitted for review and approval.e
- The fee required pursuant to NAC 634A.165 of \$100 (per course).e
- The Board requires a syllabus, a curriculum vitae for the instructor(s), and the NCCAOM course approval # and category # if applicable.e
- If the Board approves a course of continuing education pursuant to NAC 634A.137, the Board will determine the number of hours of continuing education that a licensee may receive for attending the course.e
- **Please mail to: Board of Oriental Medicine, 3191 E. Warm Springs Rd., Las Vegas, NV 89120**

1. Name of Applicant or Entity: SP West Coast Inc.  
 2. Address: 26565 Agoura Rd. Suite 200 CA 91302  
 3. Phone number: 818-660-2430  
 4. Email: malahat@spwestcoast.com  
 5. Location and Address of the continuing education program: Hilton Garden Inn. 24150 Park Sorrento, Calabasas CA 91302

6. Course approved by: NCCAOM yes  no   
 Other entity/entities: \_\_\_\_\_

7. Title of Course: Hormones in Harmony

8. Date(s) and times of the course taken: September 17 2022 8:30am - 5:30 pm

9. Name of Instructor(s) and his/her degree(s):  
Dr. Jean Lawrence please see CV attached.

10. CEU hours: 8 hours

11. Did you attend in person or online: Both.

I swear that the above statement is nothing but true.

Signature of the Applicant or Representative of Entity: Malahat Zhubin  
 Name: Malahat Zhubin Date: 06/09/2022

## Hour by Hour Breakdown for Hormones in Harmony

Hour 1: Perimenopause – ways to help pre-menopausal issues like weight gain, hair loss, low libido, etc.

Hour 2: Menopause – dealing with osteoporosis, brain issues, and other aging complaints

Hour 3: Low Testosterone – young male issues with stress, etc. affecting testosterone production

Hour 4: Andropause – BPH, ED, low T, high estrogen and effects of these

Hour 5: Adrenal dysfunction – is it from an underlying immune issue, toxin, or food sensitivity?

Hour 6: Thyroid dysfunction – a deep dive into T4, T3, hormone conversion, reverse T3

Hour 7: Thyroid issues continued – Hashimoto's, underlying infections, vitamin D

Hour 8: Case studies and protocols

## JEAN K. LAWRENCE, CCN, MH, CFMP®, ND, NMD, PHD, DACBN

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### Presenter's biography:

Dr. Lawrence is a nationally recognized speaker for Standard Process and a Certified Clinical Nutritionist, Master Herbalist, Certified Functional Medicine Practitioner®, Doctor of Naturopathy, Doctor of Naturopathic Medicine, has a PhD in Natural Medicine, and is a Diplomate of the American Clinical Board of Nutrition. She is the Director of Clinical Education for DirectDX.net and has several years' experience with whole food nutrition, herbal nutrition, functional blood work, hormone testing and hair analysis. She specializes in endocrine disorders and digestive issues. She co-manages patients with several practitioners and offers telehealth visits as well for her out of state patients. Her functional medicine practice is in Toccoa, Georgia with her husband, Philip who is a chiropractor. Her passion is teaching and training other practitioners, and she brings education, information, and entertainment together in a unique style. She has been trained in the ReCODE protocol by Dr. Dale Bredesen that wrote "The End of Alzheimer's" and is listed on Dr. Bredesen's website, and also runs genetic reports on patients. Dr. Lawrence is a member of the Executive Board of the American Clinical Board of Nutrition.

### Professional History

#### **Lawrence Health & Wellness, 2013-present**

Clinic is shared with Dr. Philip M. Lawrence, her chiropractor husband, in Toccoa, Georgia where she sees patients for nutritional consulting and testing. She speaks locally and out of state when she has the opportunity to inform the public about making better health decisions. Has been a recurring guest on the radio shows "Health Matters" with Dr. Nelson Bulmash and "Building a Better Brain" with Dr. Charles Krieger.

#### **Radio Show "To Your Health" 2017**

Six month weekly 30-minute program aired to discuss and inform the public about such subjects as digestion, cardiovascular issues, stress, hormones, thyroid, food choices, immune system, cholesterol facts, artificial sweeteners, allergies, etc.

### Education

Certified Nutritionist, 1997  
American Academy of Nutrition, CA

Master Herbalist, 2013  
Trinity School of Natural Health, IN

Doctor of Naturopathy, 2013  
Trinity School of Natural Health, IN  
Dissertation: The Dangers of Aspartame

Certified Functional Medicine Practitioner©, 2015  
Functional Medicine University, SC

Doctor of Naturopathic Medicine, 2016  
New Eden School of Natural Health, IN

PhD in Natural Medicine, 2016  
New Eden School of Natural Health, IN  
Dissertation: The Brain-Gut Axis and It's Role in IBS, Crohn's and Depression

MethylGenetic Nutrition – received certification February, 2018

DACBN – received March, 2018

CCN – received June, 2018

Speaking Engagements –

A Functional Medicine Approach to Autoimmunity 4 hours CE approved – February 1, 2018 in Kennesaw, Georgia

A Functional Medicine Approach to Autoimmunity 4 hours – July 28, 2018 in Birmingham, AL

Four-part webinar series on Functional Blood Chemistry – October, 2018 through Standard Process

Building a Better Brain – 8 hour seminar given in Atlanta, GA on November 3, 2018

Inflammation seminar for Alabama State Chiropractic Convention on June 2, 2019

Eight hour Autoimmune seminar for Standard Process of Central Florida on November 16, 2019

Eight hour Brain seminar for Standard Process of NC on January 11, 2020

Four-part blood chem webinar series for Standard Process of NC in Jan/Feb 2020

Four-part hormone webinar series for SP of NC in Feb/Mar 2020

Four-part hormone webinar series for SP of Southeast Michigan Mar/April 2020

Four hour seminar on Hormones, Fatty Acids and Osteoporosis for SP of GA in Sugar Hill, GA, Feb 2020

Four-part blood chem webinar series for FL, VA, and IL SP reps in April 2020

Four-part blood chem webinar series for SP of California, June 2020

One hour webinar “The Secret to Adrenal Dysfunction” for SP of Washington State – June, 2020

One hour webinar “Heading Dementia Off at the Pass” for SP of Washington State – July, 2020

Eight-hour autoimmune seminar through Zoom for SP of Washington State – July 25/26, 2020

“What’s Blood Got to Do With It?” live 8-hour seminar in Atlanta, GA on August 8, 2020

“The Armor of Your Immune System” and “Adrenal Answers and Thyroid Thoughts” virtual 6-hour presentation at the Alabama State Chiropractic Convention on September 25, 2020

“Building a Better Brain” live 8-hour seminar for SP of New York on October 3, 2020

“Hormones in Harmony” live 8-hour seminar for SP of FL on October 10, 2020

“Functional Blood Chemistry” virtual 4-hour webinar for SP of Texas on October 16, 2020

“Hormones in Harmony” virtual 8-hour seminar for SP of California on October 17, 2020

“The Connection Between Osteoporosis, Fatty Acids and Hormones” virtual 4-hour webinar for SP of NC on November 14, 2020

#### Seminars Attended

Clinical Mastery – 8 hours, Atlanta, GA March, 2019

Mastering the Thyroid – 2017  
22 hours; Dr. Steven Noseworthy

Functional Endocrinology - 2017  
16 hours; Dr. Steven Noseworthy

Mastering Blood Chemistry – 2016  
22 hours; Dr. Thomas Culleton

Mastering the Brain – 2016  
22 hours; Dr. Steven Noseworthy

Functional Blood Chemistry – 2015  
16 hours; Dr. Steven Noseworthy

The Gluten, Leaky Gut, Autoimmune Connection - 2015  
8 hours; Dr. Thomas Culleton

Applied Kinesiology – 2014  
3 days; Dr. Freddie Ulan

Professional Specialties

**Functional Medicine**

**Adrenal Dysfunction**

**Gastrointestinal Issues**

**Functional Blood Chemistry**

**Male and Female Hormonal Health**

**Brain/Cognitive Assessment**