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**NEVADA STATE BOARD OF ORIENTAL MEDICINE
APPLICATION FOR CREDIT APPROVAL OF CONTINUING EDUCATION
Pursuant to NAC 634A.137**

- Please note that if your CEU course has been approved by NCCAOM as a core competency with the designation of AOM-ABT, AOM-AC, AOM-BIO, AOM-CH, AOM-OM, AOM-SA, and/or AOM-ET, then it will be automatically deemed approved and you do not have to submit this form.
- ✓ One application per course must be submitted for review and approval.
- ✓ The fee required pursuant to NAC 634A.165 of \$100 (per course).
- ✓ The Board requires a syllabus, a curriculum vitae for the instructor(s), and the NCCAOM course approval # and category # if applicable.
- If the Board approves a course of continuing education pursuant to NAC 634A.137, the Board will determine the number of hours of continuing education that a licensee may receive for attending the course.
- **Please mail to: Board of Oriental Medicine, 3191 E. Warm Springs Rd., Las Vegas, NV 89120**

1. Name of Applicant or Entity: Leslie A. Pasternack
 2. Address: 9113 Lunar Topaz Court
 3. Phone number: 858-248-7885
 4. Email: leslieannepasternack@gmail.com
 5. Location and Address of the continuing education program: The Academy of Acupuncture 5222 Balboa Ave #73, San Diego, CA 92117

6. Course approved by: NCCAOM yes no
 Other entity/entities: _____

7. Title of Course: Dr. Tan's Core Essentials

8. Date(s) and times of the course taken: October 10-11, 2021

9. Name of Instructor(s) and his/her degree(s): _____

Eileen Yue-Ling Han, PhD

10. CEU hours: 21

11. Did you attend in person or online: Yes

I swear that the above statement is nothing but true.

Signature of the Applicant or Representative of Entity: _____

Name: _____ Date: 02-23-2021

Dr. Tan's Core Essentials

This course provides the basic training on the Five Systems of the Balance Method. The systems are rooted in the concept of healing the body by balancing meridians. The systems contain logical processes for determination of the meridians to needle and an easy-to-use dynamic format to outline the treatment. Participants will be able to apply the concepts immediately in practice and develop effective treatments. The Five Systems are based on Ba Gua relationships, as well as the Chinese Clock.

A detailed explanation of the history of the Balance Method and Dr. Tan's methodology will be taught. The Mirroring and Imaging Formats will be taught to show participants how to make effective choices in point selection. Over the years, emphasis on simplification of the Mirroring and Imaging Formats has made these concepts more accessible to practitioners. This course is great for both new students, as well as experienced practitioners, of the Balance Method. This course has a strong emphasis on demos, case studies and hands-on practical application. Each of the 5 Systems of the Balance Method will be explored in detail so practitioners can use these systems immediately in clinical practice after the course.

The instructor will use a variety of case studies from her own clinic as well as challenging case studies provided by the audience. In a systematic format she will explain how participants treat individual cases in clinical practice.

Many students lack confidence using these methods when the knowledge is just conceptual without hands-on experience. Therefore this class will include many case studies and demonstrations that show exactly how to translate the concepts into real-life treatments. The focus will be on the treatment of pain including all types of musculoskeletal pain and injuries, chronic pain, as well as tingling, burning and numbing due to a variety of causes such as shingles and Bells Palsy.

It will be shown how to use distal points in order to avoid aggravating the area of discomfort. The demonstrations will also show the use of minimal needles to achieve great results. The instructor will also discuss complicated cases that involve the combination of musculoskeletal pain in numerous areas throughout the body. The purpose of this class is to truly integrate foundational methods in a practical format for better assimilation of the material.

Onsite Course Schedule

Dr. Tan's Core Essentials, Day 1

Starting / Ending times:

Topics to be covered:

9 am – 9:30 am

Introduction to the Balance Method

9:30 am – 10:15 am

History of the Balance Method and
Dr. Tan

10:15 am – 10:45 am

Overview and demo

Break for 15 minutes

11 am – 11:30 am

Use of holographic images in the
Balance Method

11:30 am – 12:00 pm

Mirroring Format

12-12:30 pm

Imaging Format

Lunch break for 1 hour

1:30 pm – 2:30 pm

System One of the Balance Method –
detailed discussion and explanation

2:30 pm – 3:30 pm

System One of the Balance Method –
case studies and demos

Break for 15 minutes

3:45 pm – 4:30 pm

System Two of the Balance Method
detailed discussion and explanation

4:30 pm – 5:15 pm

System Two of the Balance Method -
case studies and demos

Onsite Course Schedule

Dr. Tan's Core Essentials, Day 2

Starting / Ending times:

9 am – 10 am

10 am -10:30 am

Break for 15 minutes

10:45 – 11:15 am

11:15 am – 11:45 am

11:45 am – 12:30 pm

Lunch break for 1 hour

1:30 pm – 2:15 pm

2:15 pm – 3:15 pm

Break for 15 minutes

3:30 pm – 4:15 pm

4:15 pm – 5:15 pm

Topics to be covered:

System Three of the Balance Method
- detailed discussion and explanation

System Three of the Balance Method
-case studies and demos

System Four of the Balance Method
- detailed discussion and explanation

System Four of the Balance Method
-case studies and demos

Hands – on practice

System Five of the Balance Method -
detailed discussion and explanation

System Five of the Balance Method -
case studies and demos

When to choose which of the 5
systems. Integrating the systems

Final demos and Q & A

Curriculum Vitae

Yue Ling Eileen Han, Ph.D., L.Ac.

5222 Balboa Avenue, Suite 21

San Diego, CA 92117

619.249.7660

www.TheAcademyofAcupuncture.com

Info@theAcademyofAcupuncture.com

Professional Experience

Eileen Yue-Ling Han, Ph.D., L.Ac. is a board-certified acupuncturist with a lifetime of extensive training and practice in acupuncture and Traditional Chinese Medicine (TCM), specifically the Balance Method.

She is the Founder and Director of the Academy of Acupuncture (2018) and Essential Health Acupuncture Clinic

Education

Ph.D. Acupuncture and Oriental Medicine, June 2017

American Liberty University

Newport Beach, CA

Doctorate thesis: "Holographic Projection and Acupuncture Balance Method in Theory and Practice"

M.S. Acupuncture and Oriental Medicine, 2005

University of East/West Medicine

Sunnyvale, CA

Licenses and Certifications

California Licensed Acupuncturist (L.Ac.) since 2005

NCCAOM Licensed Oriental Medicine Practitioner since 2020

Balance Method Practitioner—Gold Level, 2013

- BaZi Consultant—Five levels of Three Essentials, 2011

Publications

Balance Method Acupuncture textbook: *The Power of the Points*, Part 1 (2019), *The Power of the Points*, Part 2 (2020)

Specialty Training

15-year apprentice to Dr. Richard Tan, the internationally renowned author and leader of the unique Balance Method

- Focused clinical study in internal medicine, pediatrics, gynecology, traumatology, and Chinese herbal medicine

Teaching Engagements

The Academy of Acupuncture (October 2019-present)

Balance Method Core Foundations, Advanced Tracks, Three Essentials curriculum, and extended coursework

Dr. Tan's Balance Method Acupuncture

Balance Method Core Foundations, Advanced Tracks, and Three Essentials curriculum

2020

San Diego, CA; Livestreaming

2019

Los Angeles, CA; New York, NY; San Francisco, CA; Montréal, Canada; Toronto, Canada; São Paulo, Brazil; Tokyo, Japan; Kuala Lumpur, Malaysia

2018

Austin, TX; Boston, MA; Charlotte, NC; Los Angeles, CA; San Diego, CA; San Francisco, CA; Toronto, Canada; Vancouver, Canada; Kuala Lumpur, Malaysia; Hong Kong, China; Macau, China; Shanghai, China; Shenzhen, China; Taipei, Taiwan

2017

Charlotte, NC; Paris, France; Kuala Lumpur, Malaysia; Hong Kong, China; Macau, China; Shenzhen, China; Shanghai, China

2016

Chicago, IL; New York, NY; San Francisco, CA; Paris, France; Barcelona, Spain; Beijing, China; Shenzhen, China

2015

New York, NY; Paris, France; Antwerp, Belgium

Four Levels of Three Essentials Ba Zi

Fall 2015 – Spring 2017

Paris, France

Areas of Expertise

<ul style="list-style-type: none">• Pregnancy and post-partum health• Female and male infertility• Menopause• Acute and chronic pain• Relief of side effects from concurrent medical treatments• Digestive disorders	<ul style="list-style-type: none">• Respiratory conditions• Musculoskeletal pain• Physical rehabilitation• Stress relief• Neurologic concern• General wellness and health maintenance
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Ongoing Interests

Continuing studies in herbology and Chinese face reading to supplement a holistic approach to treating patients



懷聃天應穴平衡針法

CERTIFICATE OF COMPLETION

This is to certify that

Leslie Pasternack

ACUPUNCTURE LICENSE: AC17540 / NV2019

has successfully completed 21 hours of approved continuing education
from the 1st to the 3rd of October, 2020, in San Diego, CA, USA.

COURSE TITLE / DESCRIPTION

Dr. Tan's Core Essentials

Eileen Yue-Ling Han
LAc, PhD

THE ACADEMY OF ACUPUNCTURE
5222 BALBOA AVE. #73,
SAN DIEGO, CA, 92117, USA.
California CE provider n° ACP-117
Illinois CE sponsor n° 225.000030