

Ex 3

Brian Sandoval, Governor



Maggie Tracey, O.M.D., President
Lisa Mathews, O.M.D., Secretary/Treasurer
Abraham Jim Nagy, M.D., Member
Michael Ferris, O.M.D., Member
Chia Hua Linda Chow, O.M.D., Member
Michael Smith, Member
Merle Lok, Executive Director

**NEVADA STATE BOARD OF ORIENTAL MEDICINE
APPLICATION FOR CREDIT APPROVAL OF CONTINUING EDUCATION
Pursuant to NAC 634A.137**

Please mail to: Board of Oriental Medicine, 3191 E. Warm Springs Rd., Las Vegas, NV 89120

Name of Applicant or Entity: ANGELA STUEBER
554 CABIS BAY ST, LAS VEGAS NV 89178
Phone Number 702-475-0870 Email: stueberangela@gmail.com

I.o Location and Address of the continuing education program: UTAH,
ALPINE Wellness Center 1664 E. Dawn Dr Salt Lake City, UT
II.o Please fill out below: 84121

Name of Instructor s	Degree of Instructor s	Date	Time: From To	CE Hours	Title of Course
KRIS Justesen	Doctorate of Oriental Medicine	MARCH 24-25	8AM - 5PM	16	Wholistic Acupoint Injection & Trigger point injection Therapy.

- III.o One application per course must be submitted for review and approval.o
- IV.o Supporting documentation must include: all material relating to the course, including, without limitation, written material to be provided to a licensee attending the course; and o
- V.o The fee required pursuant to NAC 634A.165 of \$100 (per course).o
- VI.o The Board recommends including also a syllabus for the course in addition to a curriculum vitae for the instructor(s).o
- VII.o If the Board approves a course of continuing education pursuant to NAC 634A.137, the Board will determine the number of hours of continuing education that a licensee may receive for attending the course.

I swear that the above statement is nothing but true.

Signature of the Applicant or Representative of Entity: Angela Stueber
Name: Angela Stueber Date: 12-7-18



Wholistic Acupoint Injection & Trigger Point Injection Therapy

March 24 – March 25, 2018 (16 PDA's-includes 2 Safety)



This course covers safety, injection protocols and techniques. Participants will engage in brief patient assessment, then perform & receive injections. We will discuss and utilize injectable homeopathics, vitamins and other similar substances along with what types of supplies are available to utilize with these procedures in the practitioners practice, including

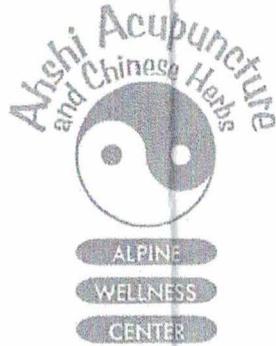
where to acquire medical products and injectable solutions. Participants will engage in hands on palpation and assessment of muscle, soft tissue & joint issues, identifying Ahshi/Trigger points, then perform & receive injections. Participants will acquire knowledge, skills and ability to utilize injectables immediately in their practices.

Space is limited. Text 801-263-9380 or email drj@alpinewellnesscenter.com to reserve a space. Early registration \$400.00 If registered before February 22, or \$450 after February 22. Class will be limited to 12-14 participants.

NOTE: You must have NCCAOM or California Acupuncture certification to register for & participate in classes. If you are a student in an Acupuncture College, you may also attend with instructors approval.



Kris Justesen, OMD, LAc has over 30 years experience in Acupuncture & Oriental Medicine, including 15 years doing Acupoint Injection Therapy. She has received training in San Francisco, Santa Fe, followed by advanced training in China & continues to train in Canada. She holds acupuncture licenses in Utah, California and Colorado.



Alpine Wellness Center

1664 East Dawn Drive
Salt Lake City, UT 84121
801-263-9380

<http://www.alpinewellnesscenter.com>

Certificate of Participation

This verifies that

Angela Stueber, OMD

Acupuncture License #: NV1053

is awarded

16 PDA Points

For participating in the Live Presentation

Wholistic Acupoint Injection & Trigger Point Injection Therapy

March 24-25, 2018

NCCAOM® Program Approval Dates: 4/5/2017 through 4/5/2018



PDA Points / NCCAOM® Recertification Categories:

Core Competency (Required for Recertification)

- AOM-BIO (AOM and Biomedicine)
- 2 SA (Safety)
- ET (Ethics)
- CPR

Professional Enhancement

- 14 PE-CW (Coursework)

Kris Justesen, OMD, Dipl. Ac. (NCCAOM)®, L.Ac.

Owner

NCCAOM® PDA Provider # 168093-1

The NCCAOM Diplomate is advised to confirm, in advance, if the course content is within their state scope of practice and if the state regulatory board will accept the PDA points. It is the sole responsibility of the NCCAOM PDA Provider to confirm that the PDA program adheres to the NCCAOM® Grounds for Professional Discipline, the NCCAOM® PDA Handbook, the NCCAOM® PDA Provider and Department Agreement, and the NCCAOM® PDA Product and Service Disclaimer.

Ex 4

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Michael Ferris, O.M.D., Member
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Michael Smith, Member
Merle Lok, Executive Director

**NEVADA STATE BOARD OF ORIENTAL MEDICINE
APPLICATION FOR CREDIT APPROVAL OF CONTINUING EDUCATION
Pursuant to NAC 634A.137**

Please mail to: Board of Oriental Medicine, 3191 E. Warm Springs Rd., Las Vegas, NV 89120

Name of Applicant or Entity: Heather Roderick
Address: 1481 W. Warm Springs #129 Ind N. 89014
Phone Number: 702-592-4019 Email: obalucumom@gmail.com

I. Location and Address of the continuing education program: Pacific College of Oriental Medicine San Diego, CA

II. Please fill out below:

Name of Instructor(s)	Degree of Instructor(s)	Date	Time:		CE Hours	Title of Course
			From	To		
East	L. Ac. D.OM	2-4-18	9am	6pm	8 hrs	Ageless - Ancient & modern day secrets to facial rejuvenation

- III. One application per course must be submitted for review and approval.
- IV. Supporting documentation must include: all material relating to the course, including, without limitation, written material to be provided to a licensee attending the course; and
- V. The fee required pursuant to NAC 634A.165 of \$100 (per course).
- VI. The Board recommends including also a syllabus for the course in addition to a curriculum vitae for the instructor(s).
- VII. If the Board approves a course of continuing education pursuant to NAC 634A.137, the Board will determine the number of hours of continuing education that a licensee may receive for attending the course.

I swear that the above statement is nothing but true.

Signature of the Applicant or Representative of Entity: Heather Roderick
Name: Heather Roderick Date: 1/21/18

CERTIFICATE OF COMPLETION

This is to certify that

Heather Roderick O.M.D., L.Ac.

License No.: Nevada 2013

has successfully completed 8 hours/credits of continuing education.

Course Title: ***Ageless – Ancient & Modern Day Secrets to Facial Rejuvenation***

Completion Date: *February 4, 2018*

Course Location: *San Diego, California*

寿

Shòu - Longevity

East

Dr. East Haradin, L.Ac., DAOM

East West Integrated - CEU Provider No: 1054

California licensed acupuncturists are required to retain
this certificate for at least four (4) years from the date
of completion of this course.

Brian Sandoval, Governor



Maggie Tracey, O.M.D., *President*
Lisa Mathews, O.M.D., *Secretary/Treasurer*
Abraham Jim Nagy, M.D., *Member*
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Please mail to: Board of Oriental Medicine, 3191 E. Warm Springs Rd., Las Vegas, NV 89120

Name of Applicant or Entity: Heather Roderick

Address: 451 W. Warm Springs Rd #129 Hnd, NV 89014

Phone Number: 702-592-4019 Email: obacumom@gmail

I. Location and Address of the continuing education program: e-lotus online

II. Please fill out below:

Name of Instructor(s)	Degree of Instructor(s)	Date	Time:		CE Hours	Title of Course
			From	To		
Dr. Laura Park O.M.D., L.Ac.	L.Ac.	12-16-18	12-1pm		1hr.	Balancing Chakras w/tn Acupuncture, Herbs and Essential oils

- III. One application per course must be submitted for review and approval.
- IV. Supporting documentation must include: all material relating to the course, including, without limitation, written material to be provided to a licensee attending the course; and
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I swear that the above statement is nothing but true.

Signature of the Applicant or Representative of Entity: Heather Roderick

Name: Heather Roderick

Date: 12-21-18



Lotus Institute Of Integrative Medicine

PO Box 92493, City of Industry, CA 91715 • Tel: (626) 780-7182 • Fax: (626) 363-9751

Website: www.elotus.org • Email: info@elotus.org

Certificate of Completion

This verifies that

Heather Roderick

Acupuncture License #: 2013

is awarded 1 PDA Points

For completing the Distance Learning / Online Program

Balancing Chakras with Acupuncture, Herbs, and Essential Oils

December 16, 2018

NCCAOM® Program Approval Dates: 11-30-2017 through 1-1-2020



PDA Points / NCCAOM® Recertification Categories:

Core Competency (Required for Recertification)

- AOM-BIO (AOM and Biomedicine)
- SA (Safety)
- ET (Ethics)
- CPR

Professional Enhancement

- CW-PE (Coursework)

Yuan Da Chen, President, Provider Designee
NCCAOM® provider-Course #: 344-728

The NCCAOM Diplomate is advised to confirm, in advance, if the course content is within their state scope of practice and if the state regulatory board will accept the PDA points. It is the sole responsibility of the NCCAOM PDA Provider to confirm that the PDA program adheres to the NCCAOM® *Grounds for Professional Discipline*, the NCCAOM® *PDA Handbook*, the NCCAOM® *PDA Provider and Department Agreement*, and the NCCAOM® *PDA Product and Service Disclaimer*.

Balancing Chakras with Acupuncture, Herbs, and Essential Oils

By

Dr. Laura Paris, O.M.D., L.Ac.

Leading Acupuncture CE Provider

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For years, Lotus Institute of Integrative Medicine has taken pride in the presentation of the most qualified and experienced speakers and practitioners of Oriental Medicine in their respective specialties. This allows us to fulfill our mission of providing the highest quality, clinically relevant, and readily available information to the TCM community. Most of our speakers have over twenty-five years of clinical experience. They have preserved and developed clinically effective approaches that now serve as testaments to their longevity of successful practice.

Our speakers are individuals who are respected by their peers, beyond the readily apparent scholastic and professional achievements, but more so by their willingness to share their highly-valued insights so you will be able to utilize them immediately, the very next day in your practice.

Like Lao-tzu's adage - when you do better, we all do better



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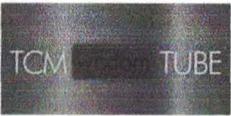
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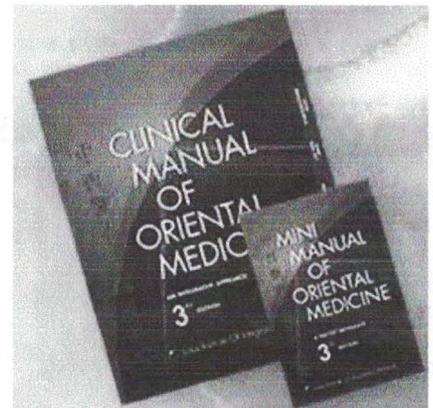
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DRUG-HERB REFERENCE GUIDE SET 3RD EDITION

is an invaluable suite of reference tool that will serve as a catalyst to support and multiply your skills for an effective acupuncture and herbal practice.



*Clinical Manual of Oriental Medicine, 3rd edition
Mini Manual of Oriental Medicine, 3rd edition*



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Balancing the Chakras with Acupuncture, Essential Oils, and Herbs

Laura Paris, OMD, L. Ac.



Lotus Institute of Integrative Medicine

Tel: (626) 780-7182 Fax: (626) 363-9751

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Common Philosophical Basis

ESOTERIC ENERGY SYSTEMS

CHAKRAS*

Prana
Nadis
Kundalini
Pure Consciousness
Yoga

ORIENTAL MEDICINE*

Qi
Meridians
Jing (Primordial Essence)
Shen (Spirit Energy)
Qigong

*There is no standard system of Chakras. Many schools and many teachers, each with own system. Also many schools and styles of Oriental medicine.

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Common Philosophical Basis (cont'd)

- Imbalances of energy cause disturbances of spiritual, mental, emotional, and physical health.
- Energies can be moved, directed, cleared, strengthened or dispersed.
- Yoga opens the Chakras. Qigong opens the meridians.
- Energy extends beyond the body (aura, protective qi)
- Corresponding colors, emotions, mantras, Gods, tastes, seasons, elements...

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What are ESSENTIAL OILS?

Mankind's first medicine. (4500 BC)

Used for treating illness, physical and spiritual needs.

Essential oils are aromatic volatile liquids (means can be evaporated and distilled) from plants (shrubs, flowers, roots, bushes and seeds).

Highly concentrated and more potent than dried herbs.

Quality: Need high quality, therapeutic-grade Essential Oil (AFNOR or ISO Standards)

Complicated chemicals constituents with various methods of extraction, deserve respect and education. Chemical structure similar to human cells and tissues are compatible and penetrate and travel quickly.

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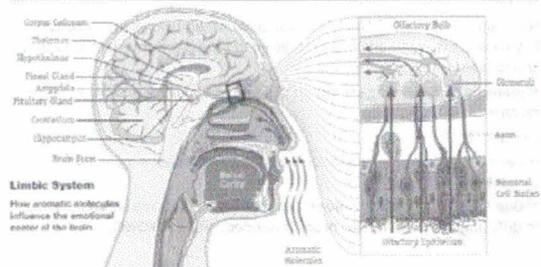
How do Essential Oils Work?

- Sense of SMELL directly links to the Limbic Lobe of the brain. Aromatic molecules go through nose, stimulate Glomeruli - Olfactory Bulb - Limbic System.
- Fragrance of Essential Oils stimulate the LIMBIC lobe (group of structures - Hippocampus, Amygdala - activate the Hypothalamus) Hypothalamus* Master Gland is Hormonal Control Center (Growth hormones, Sex hormones, Thyroid Hormones, and neurotransmitters - Serotonin)
- Stimulate secretion of antibodies, neurotransmitters, endorphins, hormones and enzymes. Directly stimulate Limbic lobe and Hypothalamus combat stress, emotions, hormone production, energy, youth and longevity.

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How do Essential Oils Work? (cont'd)

ESSENTIAL OILS ONLY REPERKLS



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Brian Sandoval, Governor



Maggie Tracey, O.M.D., President
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Michael Smith, Member
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Please mail to: Board of Oriental Medicine, 3191 E. Warm Springs Rd., Las Vegas, NV 89120

Name of Applicant or Entity: Heather Roderick
Address: 1481 W. Warm Springs #129 Hnd NV 89014
Phone Number: 702-592-4019 Email: obacimon@gmail.com

I. Location and Address of the continuing education program: online E-lotus

II. Please fill out below:

Name of Instructor(s)	Degree of Instructor(s)	Date	Time:		CE Hours	Title of Course
			From	To		
Kathleen Albertson Ph.D., L.Ac	Ph.D., L.Ac	12/	1pm-2pm	online	1	Back on cycle: Treating irregular menstruation

- III. One application per course must be submitted for review and approval.
- IV. Supporting documentation must include: all material relating to the course, including, without limitation, written material to be provided to a licensee attending the course; and
- V. The fee required pursuant to NAC 634A.165 of \$100 (per course).
- VI. The Board recommends including also a syllabus for the course in addition to a curriculum vitae for the instructor(s).
- VII. If the Board approves a course of continuing education pursuant to NAC 634A.137, the Board will determine the number of hours of continuing education that a licensee may receive for attending the course.

I swear that the above statement is nothing but true.

Signature of the Applicant or Representative of Entity: Heather Roderick
Name: Heather Roderick Date: 1-21-2018



Certificate of Completion

This verifies that

Heather Roderick

Acupuncture License #: **2013**

is awarded 1 PDA Points

For completing the Distance Learning / Online Program

Back on Cycle: Treating Irregular Menstruation with TCM

December 21, 2018

NCCAOM® Program Approval Dates: 08-09-2012 through 6-1-2019



PDA Points / NCCAOM® Recertification Categories:

Core Competency (Required for Recertification)

- AOM-BIO (AOM and Biomedicine)
- SA (Safety)
- ET (Ethics)
- CPR

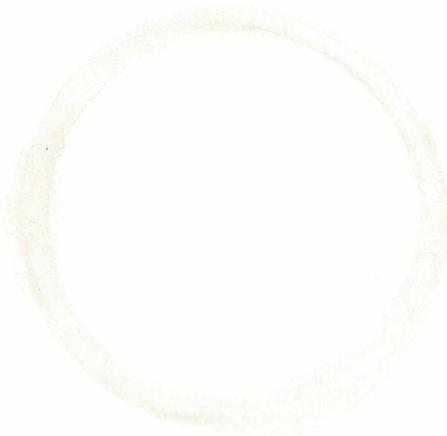
Professional Enhancement

- CW-PE (Coursework)

Yuan Da Chen, President, Provider Designee
NCCAOM® provider-Course #: 344-194

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Back on Cycle: Treating Irregular Menstruation



by
Kathleen Albertson, Ph.D., L.Ac.



Lotus Institute Of Integrative Medicine

LEARN THE SCIENCE PRACTICE THE ART HEAL

Our Mission

To provide the highest quality,
clinically relevant information readily
accessible to the TCM community.

Our Vision

All TCM practitioners operate in the highest level of
efficiency and effectivity in the healing of patients
and the professional practice becoming an active,
vital and integral resource in the health needs of
the community.

Our Promise

To help you maximize clinical success and to make
TCM the first choice when it comes to healthcare.



Lotus Institute Of Integrative Medicine

LEARN THE SCIENCE PRACTICE THE ART HEAL

Back on Cycle: Treating Irregular Menstruation with TCM



Kathleen Albertson, L.Ac., Ph.D.

Lotus Institute of Integrative Medicine

Tel: (626) 780-7182 Fax: (626) 609-2929

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Overview Clinical Perspective

- Rising problem and concern
- Increased use of drugs and surgeries
- Increased frustration by patients who are under or over treated
- Inaccurate diagnoses

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Major Issues

- Long term use of Birth Control (BC) or IUD
- Overwork/exercise
- Stress
- Diet/Nutrition
- Complacency

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Effects of Long Term Use of BC

- Suppresses ovulation
- ↓ Testosterone
- Mood changes
- Risk of breast and cervical cancers
- Risk of blood clotting, heart attack, and stroke
- Break through bleeding / spotting
- Thinner uterine lining
 - Migraines / headaches
 - Gallbladder disease
- Blood pressure
- ↓ Bone density

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Western Dx. Terms Menstrual Irregularities

- Amenorrhea
- PMS
- Dysmenorrhea
- Endometriosis
- Menorrhagia
- Metrorrhagia
- PCOS
- Fibroids

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Terms

- **Amenorrhea** – *Absence* of menstrual period in a woman of reproductive age
- **Anovulation** – *No* ovulation
- **Dysmenorrhea** – *Painful* periods
- **Endometriosis** – Abnormal tissue growth
- **Menometrorrhagia** – Irregular, frequent, prolonged, or excessive menstrual bleeding
- **Menorrhagia** – *Heavy and prolonged* menstrual bleeding
- **Metrorrhagia** – Uterine bleeding at *irregular* intervals
- **Oligomenorrhea** – *Infrequent* or scanty menstruation
- **PCOS** (Polycystic Ovary Syndrome) – Multiple “chocolate cysts”
- **Uterine Fibroids** – In the uterus, or on the uterine wall

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TCM Terms

- None/absent
- Scanty/short
- Long
- Profuse
- Painful
- Early
- Late
- Bleeding Between Periods
- Flooding and Leaking
- Early/Late Menopause
- Irregular
 - Regularly irregular
 - Irregularly irregular

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What is Normal Menstruation?

- Normal cycle = 25 to 35 days
- Duration = 3 to 5 days
- Quantity
- Characteristics

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Menstrual Irregularities

Cycle
Duration
Quantity
Color
Viscosity
Odor

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Characteristics of Normal Menstruation

- Cycle
- Duration
- Color
- Quantity
- Viscosity
- Odor

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Puberty Varies

- General health & Nutrition
- Malnutrition
- Socioeconomic conditions
- Genetics
- Obesity/underweight



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Western View of Gynecology

- The study of women
- J. Marion Sims - US "Father of Gynecology"
- Gynecology + obstetrics

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Ex 5

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Please mail to: Board of Oriental Medicine, 3191 E. Warm Springs Rd., Las Vegas, NV 89120

Name of Applicant or Entity: Matthew oderick
Address: 2675 Windmil Kw # 21 Henderson NV 89074
Phone Number: (516) 978 7799 mail.com

I. Location and Address of the continuing education program: Marina Village Conference Center
1936 Quivira Way, San Diego, CA 92109

II. Please fill out below:

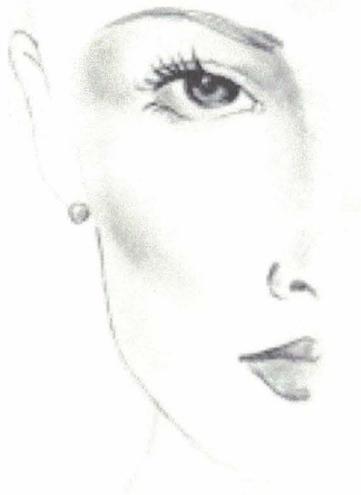
Name of Instructor(s)	Degree of Instructor(s)	Date	Time:		CE Hours	Title of Course
			From	To		
Michelle Bellis	M.Ac, Dipl. Ac, L.Ac	3/17-19	9am	5pm	21	Traditional Acupuncture Facial Rejuvenation

- III. One application per course must be submitted for review and approval.
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I swear that the above statement is nothing but true.

Signature of the Applicant or Representative of Entity: Matthew oderick
Name: Matthew oderick Date: 5/22/2018

Certificate of Completion California CE Course



Michelle Gellis LAc MAc Dipl Ac
8135 Brookwood Farm Road
Fulton MD, 20759

Acknowledges

Matthew Roderick

For Participating in

Traditional Acupuncture Facial Rejuvenation

Michelle Gellis LAc MAc Dipl Ac-Instructor-provider 1038
San Diego, CA
Category 1
21 CE Hours

March 17-19, 2018

Instructor Signature

Michelle Gellis LAc Mac DiplAc
Traditional Acupuncture Facial Rejuvenation

Day one Time	Topic – Content Outline
9-10 am	Intro, Benefits and Contraindications
10-10:30 am	Patient screening, documentation
10:30-10:45	Break
10:45am-12pm	Theory
12-1:15pm	Lunch
1:15-3:00	Protocol
3-3:15	Break
3:15-5pm	Demonstration/video

Day Two Time	Topic – Content Outline
9:30am-10:45	Recap/derma rollers/demo video
10:45-11:00	Break
11:00-11:30	Hand out bags/interview each other
11:30-12:30	Lunch
12:30-2:30	Practice
2:30-2:45	Break
2:45-4:45	Practice
4:45-5:00	Wrap up/questions

Traditional Acupuncture Facial Rejuvenation
Michelle Gellis LAc MAc Dipl Ac

Goals and Objectives

Objective: To gain competency in the ability to perform Acupuncture Facial Rejuvenation, including the ability to thoughtfully and accurately evaluate the patient using Chinese Medical Theory in order to establish a basis for beginning treatment.

Goals: At the end of this course the student will have a level of competency in the following skills:

- Screening new patients for candidacy for treatment including contraindications
- Identifying/establishing the expectations the patient has for treatment
- Evaluating the patient using five element, and eight principal methods
- Effectively locating points, using proper needle technique
- Knowledge of all tools and products required in administering acupuncture facial rejuvenation

Ex 6

Ex 7

Brian Sandoval, Governor



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Michael Smith, Member
Merle Lok, Executive Director

**NEVADA STATE BOARD OF ORIENTAL MEDICINE
APPLICATION FOR CREDIT APPROVAL OF CONTINUING EDUCATION
Pursuant to NAC 634A.137**

Please mail to: Board of Oriental Medicine, 3191 E. Warm Springs Rd., Las Vegas, NV 89120

Name of Applicant or Entity: Alyssa Jenine Wampole

Address: 1200 Triumph Ct

Phone Number: 702 858-2125 Email: alyssa@lasvegasorientalmedical.com

I. Location and Address of the continuing education program: eLotus Seminars
www.elotus.org/course/supporting-infertility-and-ivf-
acupuncture-and-herbs

II. Please fill out below:

Name of Instructor s	Degree of	Date	Time:		CE Hours	Title of Course
			From	To		
<u>Peter Kington</u>	<u>Acupu</u>	<u>6/23/18</u>	<u>9AM</u>	<u>6PM</u>	<u>8CEU</u>	<u>Supporting Infertility and IVF with Acupuncture and Herbs</u>

- III. One application per course must be submitted for review and approval.
- IV. Supporting documentation must include: all material relating to the course, including, without limitation, written material to be provided to a licensee attending the course; and
- V. The fee required pursuant to NAC 634A.165 of \$100 (per course).
- VI. The Board recommends including also a syllabus for the course in addition to a curriculum vitae for the instructor(s).
- VII. If the Board approves a course of continuing education pursuant to NAC 634A.137, the Board will determine the number of hours of continuing education that a licensee may receive for attending the course.

I swear that the above statement is nothing but true.

Signature of the Applicant or Representative of Entity: _____

Name: _____ Date: _____

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Peter Kington, Acupuncturist

Peter Kington hails from Brisbane, Australia and is the founder of Conceive – Natural Health & Fertility. A generalist at heart, Peter's clinical interests include fertility, gynaecology, IVF support and men's health.

Peter is registered with the Chinese Medicine Registration Board of Australia in the divisions of Acupuncture and Chinese Herbal Medicine. He is also a member of the Australian Acupuncture and Chinese Medicine Association (AACMA).

Peter has been presenting professional development seminars to colleagues since 2010 and where possible, contributes papers to acupuncture and Chinese medicine conferences. Peter currently presents about twelve professional development seminars each year for Sun Herbal, across Australia and New Zealand.

Peter has also taught acupuncture to undergraduate students at the Endeavour College of Natural Health (formerly Australian College of Natural Medicine) between 2005 and 2010 and again in 2016.

In addition to his Chinese medicine qualifications, Peter holds a Master's of Reproductive Medicine from the medicine faculty within the University of New South Wales. Peter also holds a Masters degree in history and American studies, a Graduate Certificate in Higher Education and a Bachelor's degree in politics and history.

Peter's previous work history includes - thankfully - a short career in retail and a long stint as an international Tour Director with an American tour company.

These days, Peter's travel is mostly for pleasure and has included most countries in South East Asia, China, Japan, Sri Lanka, Canada, Mexico and over thirty states in the USA. Peter has traveled to most countries in western Europe, some in Scandinavia and a few in eastern Europe.

When he's not working Peter likes eating nice food, drink good coffee, and sample fine wine. All invitations are gratefully accepted.

www.conceivehealth.com.au

Courses by Peter Kington, Acupuncturist

Course Type		
<Any>	Apply	
	Intro to Supporting Infertility and IVF with Acupuncture and Herbs TCM Wisdom Tube 0 CEUs	\$0.00
	Intro to Treating Menstrual Disorders with Acupuncture and Herbs TCM Wisdom Tube 0 CEUs	\$0.00
	Intro to Treating Menstrual Disorders with Acupuncture and Herbs Distance Learning - CEU Video Recording 1 CEUs	\$14.95
	Male Reproductive Health Support with Acupuncture and Herbs Distance Learning - CEU Video Recording 8 CEUs	\$99.95
	Supporting Infertility and IVF with Acupuncture and Herbs Distance Learning - CEU Video Recording 8 CEUs	\$99.95

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INFERTILITY & IVF SUPPORT FOR WOMEN

Peter Kington

Registered Acupuncture & Chinese medicine practitioner
(Australia)

**MRepMed (UNSW), MLitt (UNE), GCHEd (UQ) BHSc
Acupuncture (ACNM), BA (UQ), Dip Rem Ther OM (ACNM)**

Lotus Institute Of Integrative Medicine

Tel: (626) 780-7182 Fax: (626) 363-9751

Website: www.eLotus.org Email: info@eLotus.org

www.eLotus.org

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Seminar outline

- Introduction – placing reproductive medicine into a context and identifying the role for the EAM practitioner
- a thorough and appropriate consideration of female reproductive anatomy and physiology
- overview and exploration of the principles of EAM and 'special women's physiology' as it relates to fertility
- arriving at an infertility diagnosis in western medicine
- the definition, description, aetiology, pathogenesis, diagnosis and treatment of:
 - unexplained infertility
 - anovulatory infertility
 - intermittent ovarian failure
 - age related infertility (including egg quality)
- ...continued...

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Seminar outline

- ... continued
- polycystic ovarian syndrome
- stress-induced hyper-prolactinaemia
- thyroid disorders
- endometriosis
- understanding and working with an IVF cycle
- are herbs safe in IVF?
- Appropriate case discussion, herbal formulas and approaches with acupuncture

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What is an outcome?

- » client expectation
- » practitioner definition

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What is infertility?

Primary infertility

- inability to conceive after twelve months of unprotected, twice weekly sexual intercourse.

Secondary infertility

- inability to conceive after previously being pregnant.

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In vitro fertilisation (IVF)...

is really good at...

- procuring eggs
- creating embryos
- transplanting eggs

... and that's about it

Its success rests in being able to suppress and then mimic normal, functional female reproductive physiology

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Hypothalamus & Pituitary Gland

- links nervous system with pituitary gland
- receives signals from
 - CNS
 - amygdala (emotional response), visual cortex and olfactory cortex (sense of sight and smell)
 - endocrine factors: testis, ovary and other endocrine glands
- initiates production of:
 - TRH (thyroid releasing hormone): thyroid stimulating hormone (AP)
 - CRF (corticotrophin releasing factor): Adrenocorticotrophic hormone (ACTH) (AP)
 - GHRH (growth hormone releasing hormone): growth hormone (GH) (AP)
 - PRH (prolactin releasing hormone): prolactin PRL (AP)

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Gonadotrophin Releasing Hormone (GnRH)

- produced in the hypothalamus
- production triggered by norepinephrine 1
- serotonin and dopamine inhibit GnRH secretion
- travels via hypothalamic-pituitary portal capillary plexus to the pituitary gland
- binds to target cell membranes triggering LH & FSH production
- GnRH pulses: 60-90 minute intervals in follicular phase; 4 hour intervals in luteal phase

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GnRH Agonists

- Nafarelin (Syndarel) (intranasal), buserelin (Lucrin) (intramuscular)
- "agonist" refers to an initial increase of pituitary production of FSH and LH ("flare effect") due to a flood of GnRH occupying pituitary receptors
- LH synthesis stops and FSH synthesis greatly decreases
- 1-3 weeks of treatment (dose dependent) down-regulates pituitary synthesis of LH and FSH: hypogonadotropic hypogonadism

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GnRH agonist side effects

- hot flushes
- mood swings
- forgetfulness
- insomnia
- headaches
- decreased libido

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GnRH Antagonists

- Ganirelix (Orgalutran), Cetrorelix (Cetrotide), Leuprolin acetate (Lucrin)
- bind to GnRH receptor in the pituitary
- "competitive inhibition" of naturally occurring GnRH
- Hypothalamus switches off GnRH production due to oversupply
- No flare effect; less risk of hyperstimulation

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GnRH Antagonist side effects

- headaches
- nausea
- swelling
- itching
- orgalutran may cause redness at the site of injections

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