

# 11



Brian Sandoval, Governor



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**NEVADA STATE BOARD OF ORIENTAL MEDICINE**  
**APPLICATION FOR CREDIT APPROVAL OF CONTINUING EDUCATION**  
**Pursuant to NAC 634A.137**

Name of Applicant or Entity: Lisa Grant  
Address: 7381 Prairie Falcon Rd #140  
Phone Number: 702 539 9185 Email: ~~RES~~ lisa.ond1@grail.com

I. Location and Address of the continuing education program: Online

II. Please fill out below:

Name of Instructor(s)	Degree of Instructor(s)	Date	Time:		CE Hours	Title of Course
			From	To		
Dr. Paul Magarelli	MD	10/22/17	online		13	<del>Western</del> Key aspects of <del>Reproductive</del> Western Reproductive <del>Endocrinology</del> medicine for CAM practitioners

- III. One application per course must be submitted for review and approval.
- IV. Supporting documentation must include: all material relating to the course, including, without limitation, written material to be provided to a licensee attending the course; and
- V. The fee required pursuant to NAC 634A.165 of \$100 (per course).
- VI. The Board recommends including also a syllabus for the course in addition to a curriculum vitae for the instructor(s).
- VII. If the Board approves a course of continuing education pursuant to NAC 634A.137, the Board will determine the number of hours of continuing education that a licensee may receive for attending the course.

I swear that the above statement is nothing but true.

Signature of the Applicant or Representative of Entity: Lisa Grant  
Date: 1/7/18 Name: Lisa Grant

To Merle



10360 Odlin Road  
Richmond, British Columbia V6X1E2  
778-861-3826

### Certificate of Participation

This verifies that

**Lisa Grant**

Acupuncture License #: NV 1032, NCCAOM 101276

**is awarded 13 PDA Points**

For completing the Live Webinar

### **Key Aspects of Western Reproductive Medicine for CAM Practitioners**

**October 22, 2017**

NCCAOM® Program Approval Dates: 07-18-2017 through 07-18-2018

**PDA Points / NCCAOM® Recertification Categories:**

- Core Knowledge, Skill, Ability
- Safety
- Ethics
- CPR
- Adjunctive Therapy/Continuing
- 13.00  Biomedicine
- Injection Therapy
- Practice Enhancement



*Lorne Brown*

**Lorne Brown**  
Director

CTCMA; 13 CE, Category A2 - Texas Provider CAE00011; 13 Biomedicine  
Illinois (225.000020) 13 CEU - Alberta CAAA; 13 CEU - NZRA; 13 CPD  
NCCAOM 553-457, 13 PDA BIOMED - AACMA: 13 CPD points allocated  
ABORM 13.0 CEU Member Renewal & Exam Prereq - California 591: 13 CEU Cat 1  
Florida 50-8743; 20-585413, 13 BIOMED

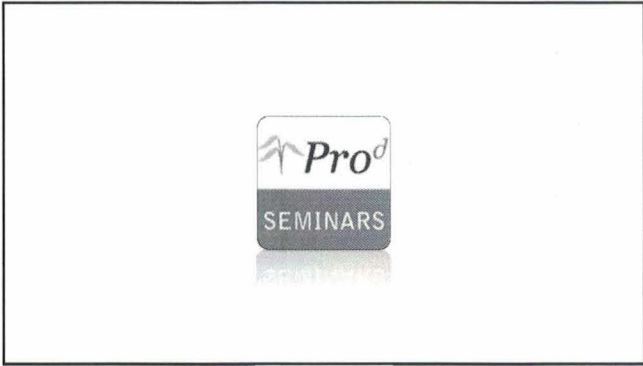
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Diplomates are advised to check with their state Acupuncture Board for re-licensing requirements.

## Key Aspects of Western Reproductive Medicine for CAM Practitioners: Dr. Paul Magarelli

The course involves steps for discerning the basics of Reproductive Endocrinology and Infertility Medicine for Chinese medicine practitioners and naturopathic physicians. It also serves as a tool to help you prepare for the American Board of Oriental Reproductive Medicine (ABORM.org) exam. Each topic includes the current "State of the art" as well as the "controversies" inherent to any changes in a paradigm of care. Exhaustive illustrations as well as Bullet points to ensure participants understanding other key concepts are included.

Dr. Paul C. Magarelli has a rare combination of skills. He is a medical doctor with his own IVF clinic and a board-certified Reproductive Endocrinologist and Infertility specialist. He's played piano since age 5, studied martial arts, and practiced RE&I medicine for over 14 years.

Dr. Magarelli has presented and published ground breaking research on integrating Acupuncture and Western medical treatments for infertility. In fact, when Cambridge Medical Press published its latest textbook on Reproductive Medicine, he co-wrote the world's first chapter on Traditional Chinese Medicine in a western textbook. He also has a Ph.D. in Nutritional Biochemistry and Animal Physiology having the dubious distinction of being a world authority on shrimp reproduction.



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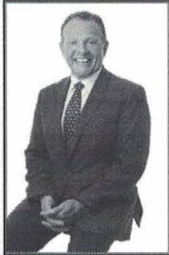
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**Fertility in the year  
2020**

Paul C. Magarelli, MD, Ph.D.  
October 2017  
Pro D Seminar  
[pcmagarelli@gmail.com](mailto:pcmagarelli@gmail.com)



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**Disclaimer**

This course and handouts contain general information about medical conditions and treatments. The information is not advice, and should not be treated as such.

**Limitation of warranties**

The medical information in this course and handouts is provided "as is" without any representations or warranties, express or implied. Medlogix / pro D seminars / healthy seminars inc makes no representations or warranties in relation to the medical information on this website.

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**Other courses by Paul Magarelli  
approved for CEU/PDA/CPD**

**Insulin Resistance (IR) and its Impact on Inflammation, Hormonal Imbalances  
and Degenerative Diseases [13 CEU/PDA/CPD]**

**Western Reproductive Endocrinology - The Complete Course [12  
CEU/PDA/CPD]**

**Regulation of the Menstrual Cycle and Neuroendocrinology [4 CEU/PDA/CPD]**



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**INTEGRATIVE FERTILITY SYMPOSIUM**

A conference for Acupuncturists & Functional Medicine Practitioners  
April 26th - 29th, 2018 | Vancouver - British Columbia



Register to secure your spot at  
*if*symposium.com

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Fertility in the year 2020

Fertility is the natural capability to produce offspring. As a measure, fertility rate is the number of offspring born per mating pair, individual or population. Fertility differs from fecundity, which is defined as the potential for reproduction. A lack of fertility is infertility while a lack of fecundity would be called sterility.

en.wikipedia.org - Text under CC-BY-SA license

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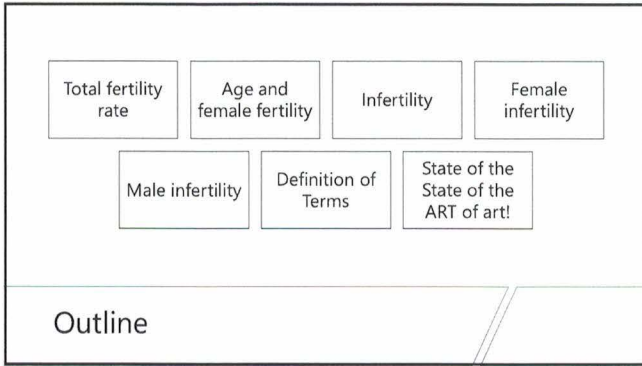
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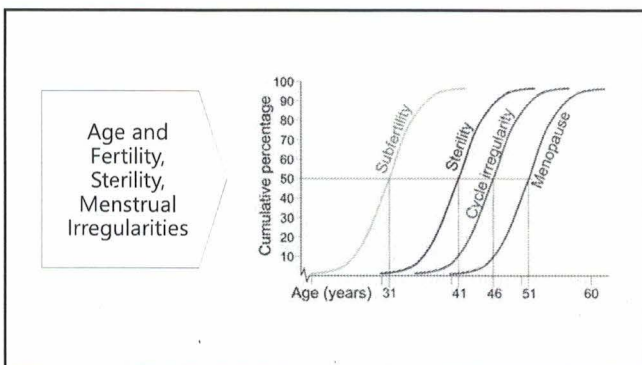
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Doctors call it infertility when you don't get pregnant after a year of regular sex without using birth control. If you're a woman over 35, infertility means you don't get pregnant after 6 months of sex.  
[www.webmd.com](http://www.webmd.com)

Classic versus Contemporary Views




Image by unknown / CC-BY-SA

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Definitions

Fertility biology

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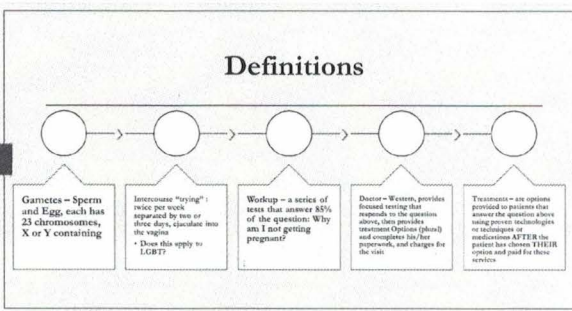
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Definitions



**Gametes** - Sperm and Egg, each has 23 chromosomes, X or Y containing

**Intercourse** "trying" twice per week separated by sex or three days, ejaculate into the vagina  
• Does this apply to LGBT?

**Workup** - a series of tests that answer 85% of the question: "Why am I not getting pregnant?"

**Doctor** - Western, provides focused testing that answers the question above, can provide treatment (pills) and complete the paperwork, and charges for the visit.

**Treatments** - an option provided to patients that answer the question above using proven technologies or medications AFTER the patient has chosen THEIR option and paid for these services.

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Fertility  
biology

- **Fertility Biology**
  - Female
    - Source of Eggs
    - Provides Uterus
    - Manages local environment for 9 months
    - Provides post natal nutrients, breast milk
  - Male
    - Source of sperm

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### Female, Male, Donor, GC ... oh My!

- **Intended parents**
  - **Heterosexual**
    - Spouse/partner female, source of eggs, eggs and uterus, uterus, none
    - Spouse/partner male, source of sperm, none
  - **LGBT – Lesbian**
    - Partner/spouse female1, source of eggs only, source of eggs for partner, source of uterus, support only
    - Partner/spouse female 2, source of eggs only, source of eggs for partner, source of uterus, support only
    - Sperm donor: Known or Sperm Bank
  - **LGBT – Homosexual**
    - Partner/spouse male 1, source of sperm, source of shared sperm, none
    - Partner/spouse male 2, source of sperm, source of shared sperm, none
    - Gestational Carrier – known or unknown
    - Donor egg – known or unknown

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### Let's have a Third Party

- **Egg Donor**
  - Known, relative, friend
  - Anonymous
    - Usually agency
  - Fresh or Frozen
- **Sperm Donor**
  - Known, relative, friend
  - Anonymous
    - Usually agency
  - Fresh or Frozen
- **Gestational Carrier**
  - Known, relative, friend
  - Agency, must be known
- **Surrogate**
  - CA – only
  - Egg and Uterus provider

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## Terms

- **IVF**
  - Used to mean stimulate eggs, retrieve eggs, transfer eggs
  - Today, stimulate eggs
    - Usually 10 to 12 days of stimulation
- **Embryo Transfer**
  - Used to mean, Fresh Embryo Transfer
  - Today, two types
    - Fresh Embryo Transfer (FET)
    - Frozen Embryo Transfer (most often used)
- **Frozen embryos**
  - Used to mean, Slow Freezing, took many hours, little efficiency, okay thaw rates
    - Was done on Day 1, 2, 3, 5 embryos in past
  - Today, Vitrification, means Flash Freezing
    - Very high recovery, these rates
    - Usually Day 5 or 6 of embryo growth

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## What is IVF

- **IVF is a process to save eggs**
  - Usually humans can "save" 1-2 eggs per month from atresia with the hormones secreted by the Brain: FSH and LH
  - With IVF, we "give" brain hormones (FSH and LH) and "save" eggs
    - There are over 900 eggs available to save or lose each month
    - At 35 and older, that may rise to 9,000!!
- **How many do we usually save?**

• 20 - 25 yo	• 36 to 39
• 1 to 50	• 1 to 15
• 26 to 30 yo	• > 39
• 1 to 35	• 1 to 10
• 31 to 35 yo	
• 1 to 20	

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## Ovarian Reserve Testing

- not for fertile folks, right?

- **FSH**
  - Day 3 levels, must be done in conjunction with estradiol, and is accurate if estradiol is below 60 pg/dl
    - < 7 = optimal
    - 7 to 10 = okay
    - > 10 and less than 15 = worrisome
    - > 15 = poor ovarian reserve
- **AMH**
  - Day 3 levels preferred, not required
  - No "level" of estradiol needed, but lower than 60 pg/dl is preferred
- **OAR**
  - Day 3 levels preferred
  - Includes: AMH, FSH, LH, E2, Inhibin
- **AFC**
  - Who knows, but low is not a good thing
  - Follicles counted on Day 3, not very accurate

Very poor study recently suggested in fertile folks, it doesn't determine if one can get pregnant... Duh!

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### Egg Biology

All eggs have a potential

- Normal versus abnormal: regardless of age
- Eggs are present at birth and (DO NOT) regenerate (although there is some suggestion it "may")
- Egg depletion rates follow genetics (mostly Mom's X chromosome, and environment)
- ABOG wants to ban drinking alcohol in all women until 44 years of age, why?

Numbers

- 2,000,000 - 400,000 - 900 - 1 - 400 ?
- What are these?

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### Sperm Biology

- **Ideal**
  - Ejaculate > 100,000,000 per episode
  - Allows, > 400, 000 in uterus
  - Allows, 4,000 at egg
  - Allows 1 into egg
- **ICSI**
  - One sperm + One egg = One embryo

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### Semen Analysis – WTF?

- **WHO sets standards, Why?**
- **Non-Functional Test**
  - It doesn't say it will work
- **Homogenized data – good for all world, all conditions, all environments, all conditions of reproduction, all ages**
  - Really?

- **Logic Pearls**
  - Sex/IUI
    - 10,000,000 /ml
    - 25% motility
    - > 7% morphology
  - **IVF**
    - > = 1 sperm, alive

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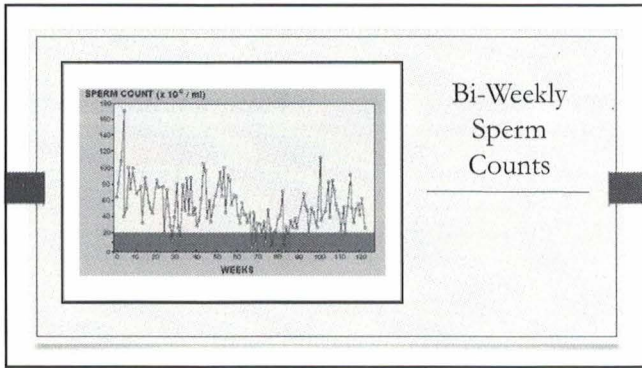
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Bi-Weekly Sperm Counts

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**Sperm DNA Fragmentation Index**

- With the fragmentation test, a scientist will look at the cells themselves to determine what percentage of sperm have fragmentation, which basically means "damage." Less than 15 percent damage usually means a very good outcome, while 16 to 29 percent can mean a less rosy outlook, though still pretty good. If more than 30 percent of the sperm show fragmentation, it may prove very difficult to get and maintain a healthy pregnancy, even if you are doing IVE.

<https://www.thebump.com/a/sperm-dna-fragmentation-test>

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**Pregnancy Predictors after Intrauterine Insemination: Analysis of 3012 Cycles in 1201 Couples**

*In vitro* fertilization after three failed inseminations. For 511 cycles, Nuojia-Huutunen et al. (14) observed that the highest pregnancy rate occurred in the first cycle, and that 97% of all pregnancies occurred within four cycles.

**Results**

- The highest pregnancy rates were obtained in cases whose infertility duration was shorter ( $p < 0.05$ ), Body Mass Index (BMI) was  $\geq 25$  ( $p < 0.05$ ), FSH  $< 9 IU/L$  ( $p < 0.05$ ), anovulation due to polycystic ovary syndrome ( $p < 0.05$ ), donor sperm was used due to azoospermia ( $p < 0.01$ ), three IUI cycles ( $p < 0.01$ ), at least two follicles were recruited through controlled ovarian hyperstimulation ( $p < 0.01$ ), and where higher total doses of FSH were administered as necessary ( $p < 0.05$ ).

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# 12

Brian Sandoval, Governor



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Fely Quitevis, *Member*  
Abraham Jim Nagy, MD, *Member*  
Merle Lok, *Executive Director*

**NEVADA STATE BOARD OF ORIENTAL MEDICINE**  
**APPLICATION FOR CREDIT APPROVAL OF CONTINUING EDUCATION**  
**Pursuant to NAC 634A.137**

Name of Applicant or Entity: Megan Clowers  
Address: 10415 Double R Blvd Reno, NV 89521  
Phone Number: 775-530-5407 Email: megan.clowers18@gmail.com

I. Location and Address of the continuing education program: \_\_\_\_\_  
Pro D Seminars 10360 Adlin Rd, Richmond BC V6X1E2

II. Please fill out below:

Name of Instructor(s)	Degree of Instructor(s)	Date	Time:		CE Hours	Title of Course
			From	To		
Peony Ariang	<del>PhD</del> PhD	12/31/17	online		12	Neuro-Meridian Integrative Acupuncture: Torso, Neck and Head

- III. One application per course must be submitted for review and approval.
- IV. Supporting documentation must include: all material relating to the course, including, without limitation, written material to be provided to a licensee attending the course; and
- V. The fee required pursuant to NAC 634A.165 of \$100 (per course).
- VI. The Board recommends including also a syllabus for the course in addition to a curriculum vitae for the instructor(s).
- VII. If the Board approves a course of continuing education pursuant to NAC 634A.137, the Board will determine the number of hours of continuing education that a licensee may receive for attending the course.

I swear that the above statement is nothing but true.

Signature of the Applicant or Representative of Entity: Megan Clowers OMD  
Date: 11/3/18 Name: Megan Clowers



10360 Odlin Road  
Richmond, British Columbia V6X1E2  
778-861-3826

### Certificate of Completion

This verifies that

**Megan Clowers**

Acupuncture License #: 2000

*is awarded 12 PDA Points*

For completing the Distance Learning/Online Program

***Neuro-Meridian Integrative Acupuncture: Torso, Neck and Head***

***January 03, 2018***

NCCAOM® Program Approval Dates: 01-28-2016 through 01-28-2019

**PDA Points / NCCAOM® Recertification Categories:**

- 12.00  Core Knowledge, Skill, Ability
- Safety
- Ethics
- CPR
- Adjunctive Therapy/Continuing
- Biomedicine
- Injection Therapy
- Practice Enhancement



*Lorne Brown*

Lorne Brown  
Director

CTCMA; 12 CEU, Category B3 - California 591: 12 CE Category 1  
Florida Provider 50-8743; 20-536758, 12 CEU  
NCCAOM PDA 553-351: 12 AOM-BIO/AOM AC PDA  
Texas Provider CAE00011; 12 CAE - Illinois (225.000020) 12 CEU  
Alberta CAAA; 12 CEU - NZRA; 12 CPD - Massachusetts; 12 CEU

For NCCAOM® recertification, this document should be retained for a minimum of four years.  
Diplomates are advised to check with their state Acupuncture Board for re-licensing requirements.

## Poney Chiang

Poney Chiang, PhD, R.Ac, R.TCMP Dipl. OM (NCCAOM)

Dr. Poney Chiang graduate with a PhD from the Institute of Medical Science at the University of Toronto. He completed a 4 year professional Masters in Oriental Medicine from the Pacific College of Oriental Medicine in New York and over 1000 hours of apprenticeship in a Chinese herbal medical lineage that formerly consulted for the Forbidden City.

Poney has authored articles in Oriental Medicine Journal, European Journal of Oriental Medicine and Oriental Medicine Newsletter and regularly appears on local television (OMNI News) as an expert in Chinese medicine. He has been an invited speaker to Asian Integrative Medicine Symposium, Contemporary Medical Acupuncture Symposium and American Academy of Medical Acupuncture Symposium.

Poney is passionate about demonstrating the parallel between Classical and Medical acupuncture. He is a continuing education provider and has taught professional development events to both Eastern and Western health professions. Poney also founded the Integrative Acupuncture Certificate Program at the Canadian College of Naturopathic Medicine which focuses on the treatment of pain and nervous system disorders.

For more information, visit Dr. Poney Chiang's website: [www.neuro-meridian.net](http://www.neuro-meridian.net) (link is external).





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Neuro-Meridian Integrative Acupuncture: Torso, Neck and Head

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Biography (/product/neuro-meridian-integrative-acupuncture-torso-neck-and-head?qt-products\_tabs=3#qt-products\_tabs)

This one of a kind program preserves the core values unique to Eastern and Western Medicine by analyzing Chinese medical classics, while citing peer-reviewed biomedical research articles.

The classical point location taught here is based on descriptions from the Ling Shu and Jia Yi Jing (Systematic Classic), which often differs from modern TCM standardized locations. This program will reveal the seamless overlap between classical point locations and the detailed location of peripheral nerve trunks and its branches, whereas many modern locations have drifted away from peripheral nerves as point targets. Together we will rediscover the original intention behind the LingShu and Jia Yi Jing as detailed records of precise locations for stimulating specific nerve branches.

Learning the peripheral neuro-anatomy of classical point locations deepens one's understanding of channel theory. By developing an appreciation for an integrative Neuro-Meridians concept, students learn to apply an integrative strategy to treat a wide variety of neuro-muscular dysfunctions commonly seen in clinical practice.

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### Day One

Part 1: Upper & Lower Back Region Point location, anatomical target, needle technique and expected DeQi response.

Part 2: Chest & Abdominal Region Point location, anatomical target, needle technique and expected DeQi response.

#### Lunch

Part 3: Treatment Approach & Case Study for commonly seen Torso dysfunctions such as: Non-specific Lower Back Pain, Neuropathic Lower Back Pain, Lumbar Stenosis, Spondylolisthesis, Facet Joint Syndrome, Herniated Disc, Sciatica, Thoracolumbar Junction Syndrome, Anterior Cutaneous Nerve Entrapment Syndrome, Fibromyalgia

Part 4: Facial Region Point location, anatomical target, needle technique and expected DeQi response.

### Day Two

Part 5: Scalp & Auricular Region Point location, anatomical target, needle technique and expected DeQi response.

Part 6: Nuchal & Throat Region Point location, anatomical target, needle technique and expected DeQi response.

#### Lunch

Part 6 continued

Part 7: Treatment Approach & Case Study for commonly seen Head dysfunctions such as: Tension Headache, Migraine Headache, Cluster Headache, Hypertensive Headache, Neuropathic Headache, Trigeminal Neuralgia, Facial Nerve (Bell's) Palsy, Cervicalgia, Cervical Radiculopathy

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Poney Chiang, PhD, R.Ac, R.TCMP Dipl. OM (NCCAOM)

Dr. Poney Chiang graduate with a PhD from the Institute of Medical Science at the University of Toronto. He completed a 4 year professional Masters in Oriental Medicine from the Pacific College of Oriental Medicine in New York and over 1000 hours of apprenticeship in a Chinese herbal medical lineage that formerly consulted for the Forbidden City.

Poney has authored articles in Oriental Medicine Journal, European Journal of Oriental Medicine and Oriental Medicine Newsletter and regularly appears on local television (OMNI News) as an expert in Chinese medicine. He has been an invited speaker to Asian Integrative Medicine Symposium, Contemporary Medical Acupuncture Symposium and American Academy of Medical Acupuncture Symposium.

Poney is passionate about demonstrating the parallel between Classical and Medical acupuncture. He is a continuing education provider and has taught professional development events to both Eastern and Western health professions. Poney also founded the Integrative Acupuncture Certificate Program at the Canadian College of Naturopathic Medicine which focuses on the treatment of pain and nervous system disorders.

For more information, visit Dr. Poney Chiang's website: www.neuro-meridian.net (http://www.neuro-meridian.net).



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#13

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**NEVADA STATE BOARD OF ORIENTAL MEDICINE**  
**APPLICATION FOR CREDIT APPROVAL OF CONTINUING EDUCATION**  
**Pursuant to NAC 634A.137**

Name of Applicant or Entity: Rachel Kohl, OMD  
Address: 7250 Peak Dr # 106 Las Vegas, NV 89128  
Phone Number: (702) 763-1168 Email: RKohl@LVacupuncture.com

I. Location and Address of the continuing education program: online

II. Please fill out below:

Name of Instructor(s)	Degree of Instructor(s)	Date	Time: From To	CE Hours	Title of Course
(see attached for each)		12/21/17		12	Acupuncture Professional Pain Management Series

- III. One application per course must be submitted for review and approval.
- IV. Supporting documentation must include: all material relating to the course, including, without limitation, written material to be provided to a licensee attending the course; and
- V. The fee required pursuant to NAC 634A.165 of \$100 (per course).
- VI. The Board recommends including also a syllabus for the course in addition to a curriculum vitae for the instructor(s).
- VII. If the Board approves a course of continuing education pursuant to NAC 634A.137, the Board will determine the number of hours of continuing education that a licensee may receive for attending the course.

I swear that the above statement is nothing but true.

Signature of the Applicant or Representative of Entity: Rachel Kohl  
Date: 12/21/17 Name: Rachel Kohl

running this event for the profession on an annual basis.

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CEU/CPD Coordinator

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**Rachel Kohl, OMD**

License: NV1044

Distance Learning / Online Program

Treating Sports Injuries with Acupuncture, tui na, and TCM (Paul Blacker)

by Paul Blacker

Completed: Dec 21, 2017

2 CEUs / CPD Points or Hours

Core Knowledge Recertification Category



---

**KATHERINE BERRY**

CEU Coordinator

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License: NV1044

Distance Learning / Online Program

**Low Back Pain: Assessment, Red Flags and Management for Acupuncturists (Luke Rickards)**

by Luke Rickards

**Completed: Dec 21, 2017**

2 CEUs / CPD Points or Hours

Core Knowledge Recertification Category

  
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CEU Coordinator

Acupuncture Professional, CA ACU CEP # 954  
Suite 11, Galleria Alhambra 4 Vera De Rey Ibiza  
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License: NV1044

Distance Learning / Online Program

Understanding Jing Jin for treating musculoskeletal conditions (David Legge)

by David Legge

Completed: Dec 21, 2017

2 CEUs / CPD Points or Hours

Core Knowledge Recertification Category



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Acupuncture Professional, CA ACU CEP # 954  
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**Rachel Kohl, OMD**

License: NV1044

Distance Learning / Online Program

Electro-acupuncture and TENS: Putting Theory into Practice presented (David F Mayor and Sean Walsh)

by David F Mayor and Sean Walsh

Completed: Dec 21, 2017

2 CEUs / CPD Points or Hours

Core Knowledge Recertification Category

  
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CERTIFICATE  
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**Rachel Kohl, OMD**

License: NV1044

Distance Learning / Online Program

**Psycho-Biology of Pain (Bruce Robinson)**

by Bruce Robinson

**Completed: Dec 21, 2017**

2 CEUs / CPD Points or Hours

Core Knowledge Recertification Category



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# CERTIFICATE OF COMPLETION

## Rachel Kohl, OMD

License: NV1044

Distance Learning / Online Program

### Pain Management Clinical Handbook for Acupuncturists

Completed: Dec 21, 2017

2 CEUs / CPD Points or Hours

Core Knowledge Recertification Category



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Rachel Kohl, OMD

Home



Home > Courses > Pain Management Series

# Pain Management Series

**Course Status:** Completed

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## Course Content

Modules

Status

- 1 Treating Sports Injuries with Acupuncture, tui na, and TCM (Paul Blacker)
- 2 Low Back Pain: Assessment, Red Flags and Management for Acupuncturists (Luke Rickards)

3

Understanding Jing Jin for treating musculoskeletal conditions (David Legge)

4

Electro-acupuncture and TENS: Putting Theory into Practice presented (David F Mayor and Sean Walsh)

5

The Psycho-Biology of Pain (Prof Bruce Robinson)

6

BONUS: Pain Management Clinical Handbook for Acupuncturists

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Home ► Courses ► Pain Management Series ► Treating Sports Injuries with Acupuncture, tui na, and TCM (Paul Blacker)

# Treating Sports Injuries with Acupuncture, tui na, and TCM (Paul Blacker)

1:47:15



## Course Details & Resources



## Course Presenter

**Course category:** Biomedicine

**Points/hours:** 2

**Duration:** 1 hour, 47 minutes

### Presentation Notes

[Sports\\_injuries\\_Webinar\\_Notes](#)  
(password: acupunctureprofessional)



Paul has been treating acute and chronic sports injuries since 1993 and has taught all aspects of TCM, massage, PD, research, and living anatomy to undergraduate students since 1997. He practices Acupuncture, Tui-na, and therapeutic remedial sports massage in Longfield in Kent and is a First Aid Instructor.







He set up and runs the New Ash Green Rugby Club treatment centre, a unique multi-disciplinary, multi-bed unit treatment service, providing treatment to male & female senior and junior club players, currently in its 6th full season.

He is secretary to the Microsystems Acupuncture Regulatory Working Group (MACRWG) now regulated with the Complementary and Natural Healthcare Council (CNHC), and is the link member of the Profession Specific Board for Microsystems acupuncture at the CNHC, he sits on the Acupuncture Stakeholders Group (ASG) and the Research Council for Complementary Medicine (RCCM) representing the MACRWG.

# Course Description

Paul Blacker, a qualified acupuncturist and first aid instructor showcases how to treat acute sports injuries, post first aid RICE management. This presentation includes how to treat sprains and strains and bruising - concentrating on areas such as the knees and shoulders. He presents using acupuncture for shin splints and tight muscles and he then goes in to detail about how to apply acupuncture for the treatment of chronic injuries using an integrative approach including electro-acupuncture. Knowing when to use heat and when to apply cold is often controversial, and Paul outlines his approach central to understanding sports injury management. Two conflicting theories: "Rest is best" versus "motion is lotion" are also addressed.

## Learning Objectives

-  Understand how to treat sprains and strains and bruising
-  Understand how to treat complex areas such as the knees and shoulders
-  Using acupuncture for shin splints and tight muscles
-  How to apply acupuncture for the treatment of chronic injuries
-  When to use heat and when to use cold
-  When to rest and when to encourage movement

## Quiz and Certification

Click on the available quiz links below to start. Upon successful completion you will be awarded your Certificate of CPD.

Quizzes	Status
1 <a href="#">Treating Sports Injuries with Acupuncture, tui na, and TCM (Paul Blacker)</a>	

[Next Module >](#)



Home ► Courses ► Pain Management Series ► Low Back Pain: Assessment, Red Flags and Management for Acupuncturists (Luke Rickards)

# Low Back Pain: Assessment, Red Flags and Management for Acupuncturists (Luke Rickards)

1:23:27



## Course Details & Resources

Course Director

## COURSE PRESENTATION

**Course category:** Biomedicine

**Points/hours:** 2

**Duration:** 1 hour, 23 minutes

### Presentation Notes

[Download the presentation notes here](#)



Luke Rickards

Luke commenced his career in allied health as an acupuncture and Chinese medicine practitioner after graduating from the Sydney Institute of TCM in 1998, followed by a clinical internship at the Guangzhou University TCM Hospital in China.

Luke's early practice immediately led to a strong interest in the management of neuromusculoskeletal pain and he subsequently completed a Bachelor of Applied Science and a Masters degree in [Osteopathy](#) at the University of Western Sydney. During this time he developed a deep regard for the value of scientific research and critical thinking in shaping clinical health care practice and has been particularly influenced by the advances in neuroscience as it continues to deepen our understanding of the interactions between biological, psychological and social factors in determining both health and recovery from illness.

Luke has been involved in health professional regulation at a state and national level, including the development of acupuncture accreditation standards for non-TCM health professionals, and has acted as an external Masters thesis examiner for universities in Australia and New Zealand. Luke is also on the advisory panel for [Chronic Pain Australia](#) and the peer-review panel for an international scientific journal. He has published several research papers, articles and a book chapter on manual and movement therapy treatments for neuromusculoskeletal pain.

In his clinical practice, Luke has a particular interest in patient-centered approaches to manual and movement therapy and helping people suffering from chronic, persistent musculoskeletal and neuropathic pain.

https://www.acupunctureprofessional.com

## Course Description

Back pain is one of the most problematic conditions that patients can present with which is complicated by:

chronicity; medication; surgery; anxiety or depression. This presentation is about what practitioners need to know to understand people with low back pain and how to provide safe and effective treatment in line with international back pain management guidelines.

## Learning Objectives

- 💡 Understand the Aetiology and Classification of Low Back Pain
- 💡 Learn about History taking and clinical screening of people with low back pain
- 💡 Gain an insight into Red & Yellow Flags
- 💡 Know When to refer
- 💡 Understand the Management of people using the best available evidence, and Treatment considerations

## Quiz and Certification

Click on the available quiz links below to start. Upon successful completion you will be awarded your Certificate of CPD.

### Quizzes

### Status

- | Quizzes  | Status |
|--|--------|
| 1 Low Back Pain: Assessment, Red Flags and Management for Acupuncturists (Luke Rickards) |        |



Home ► Courses ► Pain Management Series ► Understanding Jing Jin for treating musculoskeletal conditions (David Legge)

# Understanding Jing Jin for treating musculoskeletal conditions (David Legge)

1:41:51



**Please note: The 3rd party resource mentioned in this module at [sydneycollegepress.com.au](http://sydneycollegepress.com.au) is no longer available.,**

## Course Details & Resources

### Course Presenter

**Course category:** Biomedicine

**Points/hours:** 2

**Duration:** 1 hour, 46 minutes

#### Presentation Notes

Presentation Notes (Password = acupunctureprofessional)



David Legge

David lectures at the University of Western Sydney and has also taught widely in Australia, the US and Europe.

David Legge has practised as an acupuncturist and osteopath for almost 30 years, specialising in the treatment of painful musculoskeletal conditions.

David is the author of the popular text "Close to the Bone" and the handbook "Acupuncture Points and Meridians". Today's talk is based on his 2010 book "Jing jin: Acupuncture treatment of the muscular system using the meridian sinews"

## Course Description

The jingjin are a network of secondary meridians that form part of the meridian system of Chinese acupuncture. The word "jin" is translated as sinew channels, meridian sinews, muscle channel, muscle

conduits, and tendino-muscular meridians. This presentation provides an overview of the published material on the jingjin theory. The possible intentions of the earliest authors are explored along with contemporary approaches to how the jingjin theory may be applied when treating musculoskeletal conditions - based on David's extensive clinical experience.

## Learning Objectives

- 💡 Understand how the Jing Jin relates to Tendino-muscular meridians, Sinew channels, Muscle meridians, Muscle conduits and Channel sinews
- 💡 Learn about "Anatomy Trains" and how these relate to chains of musculo-tendinous tissue
- 💡 Have a greater understanding of the Jing jin meridians described in the early Ma Huang Tui texts
- 💡 Be introduced to the recommended technique for treating Jing Jin conditions which involves hot needling of ah shi points along a line of stagnation in the muscular system
- 💡 Gain a greater understanding of the clinical applications of the jingjin in their daily acupuncture practice

## Quiz and Certification

Click on the available quiz links below to start. Upon successful completion you will be awarded your Certificate of CPD.

### Quizzes

### Status

- 1 [Understanding Jing Jin for treating musculoskeletal conditions \(David Legge\)](#)

[← Previous Module](#)

[Next Module >](#)





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# Electro-acupuncture and TENS: Putting Theory into Practice presented (David F Mayor and Sean Walsh)

1:49:01



## Course Details & Resources

## Course Presenter

**Course category:** Biomedicine

**Points/hours:** 2

**Duration:** 1 hour, 49 minutes

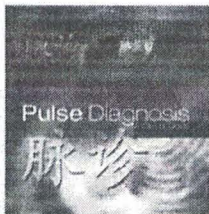
**Presentation Notes 1**

**Presentation Notes 2**

Electro-Acupuncture Presentation Notes Electro-Acupuncture Presentation Notes 2



David Mayor



Sean Walsh

David F Mayor has been an acupuncture practitioner in the UK since 1982. Since 1988, he has made electroacupuncture(EA) his speciality, and has taught on the subject since 1996.He is currently an Honorary Research Fellow in the Division of Physiotherapy at the University of Hertfordshire in the UK.

Sean Walsh has a PhD (Science) at the University of Technology, Sydney and Bachelor of Health Science (Acupuncture in the same school among others. He's presently having a private practice of acupuncture/TCM practice (Acuplus Therapies) at the Edgeware Family Practice, Enmore NSW. Sean also teaches in University of Technology, Sydney as a Senior Lecturer in the Department of Medical and Molecular Biosciences.

# Course Description

Electro-Acupuncture and TENS can be a safe and effective way to treat pain conditions, improve therapeutic outcomes and help patients recover more quickly from injury. Our expert guests, David Mayor and Dr Sean Walsh (PhD) explain the neurophysiological mechanisms of electroacupuncture and transcutaneous electrical nerve stimulation (TENS) and outline their methods of application for a range of conditions based on current research. When used appropriately the integration of electrotherapies with acupuncture can broaden one's scope of clinical practice, learn how to put theory into practice.

# Learning Objectives

- 💡 Understand when and why to use electroacupuncture
- 💡 Definitions of the main terms in use around electroacupuncture and TENS
- 💡 Understand the history of electricity in medicine
- 💡 Understand the basics of the use of electricity in medicine
- 💡 Contraindications to consider when using electroacupuncture and TENS
- 💡 Conditions treated with electroacupuncture and TENS

# Quiz and Certification

Click on the available quiz links below to start. Upon successful completion you will be awarded your Certificate of CPD.

## Quizzes

## Status

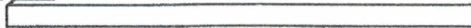
- 1 Electro-acupuncture and TENS: Putting Theory into Practice presented (David F Mayor and Sean Walsh)



Home ► Courses ► Pain Management Series ► The Psycho-Biology of Pain (Prof Bruce Robinson)

# The Psycho-Biology of Pain (Prof Bruce Robinson)

1:36:05



Course Details & Resources

Course Presenter

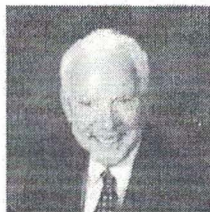
**Course category:** Biomedicine

**Points/hours:** 2

**Duration:** 1 hour, 36 minutes

### Presentation Notes

[Download presentation notes here](#) (password: acupunctureprofessional)



Bruce Robinson

Dr Bruce H. Robinson lives in Fort Lauderdale Florida, USA.

He is a professor of medicine at the University of Science and Technology Medical College in nearby Miami and is also a professor at the Atlantic College of Oriental Medicine in Fort Lauderdale.

Dr. Robinson was the president of AIMC Berkeley, an acupuncture college in the San Francisco Bay area, from 2007 to 2009.

He is the author of two textbooks on the topic of integrating Western Medicine and Oriental Medicine:

*Biomedicine: A Textbook for Practitioners of Acupuncture and Oriental Medicine*, Blue Poppy Press (2007), and






*Western Physical Exam Skills for Practitioners of Asian Medicine*, Blue Poppy Press (2009).

A board certified general surgeon, he practiced medicine and surgery for 30 years, treating over 80,000 patients.

# Course Description

All individuals suffer from pain, and problems with pain are one of the most common reasons patients seek the help of Oriental Medicine practitioners. This online seminar explores the reasons we have pain, the neurophysiology of experiencing pain, the mental and emotional aspects of acute and chronic pain and some of the most important pain syndromes treated by OM practitioners. We also discuss the various modalities of treating pain.

## Learning Objectives

-  Understand why acute pain is necessary for our survival
-  Understand the difference between acute and chronic pain
-  Understand the neurophysiology and the psychology of experiencing pain
-  Know the various ways of measuring pain
-  Be able to provide maximum enhancement of their treatments of pain

## Quiz and Certification

Click on the available quiz links below to start. Upon successful completion you will be awarded your Certificate of CPD.

Quizzes	Status
1 Psycho-Biology of Pain (Bruce Robinson)	

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