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NEVADA STATE BOARD OF ORIENTAL MEDICINE
APPLICATION FOR CREDIT APPROVAL OF CONTINUING EDUCATION
Pursuant to NAC 634A.137

- Please note that if your CEU course has been approved by NCCAOM as a core competency with the designation of AOM-ABT, AOM-AC, AOM-BIO, AOM-CH, AOM-OM, AOM-SA, and/or AOM-ET, then it will be automatically deemed approved and you do not have to submit this form.
One application per course must be submitted for review and approval.
The fee required pursuant to NAC 634A.165 of \$100 (per course).
The Board requires a syllabus, a curriculum vitae for the instructor(s), and the NCCAOM course approval # and category # if applicable.
If the Board approves a course of continuing education pursuant to NAC 634A.137, the Board will determine the number of hours of continuing education that a licensee may receive for attending the course.
Please mail to: Board of Oriental Medicine, 3191 E. Warm Springs Rd., Las Vegas, NV 89120

1. Name of Applicant or Entity: SP Westcoast Inc
2. Address: 26565 W Agave Rd #200, Calabasas, CA 91302
3. Phone number: 818-660-2430
4. Email: kim@spwestcoast.com
5. Location and Address of the continuing education program: online

6. Course approved by: NCCAOM yes [ ] no [X]
Other entity/entities:

7. Title of Course: MediHerb Clinical Webinar

8. Date(s) and times of the course taken: Fri 7/29 9AM-1PM(PST) Sat 7/30 9AM-1PM (PST)

9. Name of Instructor(s) and his/her degree(s): Amanda Williams
Berris Burgoyne

10. CEU hours: 8 total (4 each day)

11. Did you attend in person or online: online

I swear that the above statement is nothing but true.

Signature of the Applicant or Representative of Entity: Kim Eaves

Name: Kim Eaves Date: 5/16/22

**Course Title: MediHerb Clinical Webinar**

**Emergency Medicine Cabinet and Botanicals for Optimal Female Fertility**

**Date: Friday, July 29 & Saturday, July 30**

**Location:** ONLINE

**Seminar time** 9AM to 1PM (PST) Each Day

**Presenters:**

**Amanda Williams**

ND, Adv Dip Nat, Dip Bot Med, MANTA

**Berris Burgoyne**

BHSc, ND, Dip Herb

**Course goals**

The goal of this course is to explain and illustrate the significant role evidence based western herbal medicine has to play in supporting common health concerns and healthy reproductive function in women.

**Learning objectives/learning outcomes**

On completion of this course attendees will be proficient in the basic clinical application of a selected range of evidenced based western herbs for the support of a range of conditions including:

- Common immune challenges including respiratory and skin infection
- Common GIT issues such as dyspepsia, constipation and indigestion
- Pain and inflammation
- Hormonal and mood challenges
- healthy female reproduction and to manage the common drivers of reproductive problems in women.

**Description of content**

The course is divided into 6 sections as detailed in the outline below.

**Prior level of knowledge**

Basic level of knowledge is required for effective participation

**Teaching method**

Seminar environment using PowerPoint with active audience participation

**Hour-by-Hour course outline**

Hour by Hour Outline	
<b>Hour</b>	
<b>1.5 Hours</b>	<b>Emergency Medicine Cabinet – Key Botanicals for Immune Challenges</b> <ul style="list-style-type: none"><li>• Review common immune challenges including acute infection, sore throat, viral infection, allergic bronchitis</li><li>• Discuss key herbs that may help support these areas</li><li>• Develop protocols based on key herbs</li><li>• Discuss safety &amp; quality issues, nutritional support, diet &amp; lifestyle</li></ul>
<b>1.5 Hours</b>	<b>Drivers of Reproductive Dysfunction</b> <ul style="list-style-type: none"><li>• Discuss the association between known reproductive disruptors and reproductive health in women</li><li>• Review and discuss individual drivers of reproductive dysfunction including endocrine disrupters, thyroid conditions, gut dysbiosis</li></ul>

	<ul style="list-style-type: none"> <li>• A brief overview of female reproductive system and hormones</li> <li>• Discuss key herbs to support health in patients experiencing one or more of the drivers of reproductive dysfunction</li> <li>• Develop protocols based on key herbs</li> <li>• Discuss safety &amp; quality issues, nutritional support, diet &amp; lifestyle</li> </ul>
<b>1 Hour</b>	<b>Review key learnings and Q&amp;A</b>

<b>Hour</b>	<b>Day 2</b>
<b>1.5 Hours</b>	<b>Emergency Medicine Cabinet – Key Botanicals for GIT, Pain and Mood</b> <ul style="list-style-type: none"> <li>• Review common GIT, pain and mood issues including dyspepsia, indigestion, cramping, inflammation, muscle spasm, soft tissue injury, headache, psychogenic pain</li> <li>• Review and discuss key herbs based on current evidence and traditional use</li> <li>• Develop management strategies and protocols based on key herbs</li> <li>• Discuss safety &amp; quality issues, nutritional support, diet &amp; lifestyle</li> </ul>
<b>1.5 Hours</b>	<b>Stress and Female Reproduction</b> <ul style="list-style-type: none"> <li>• Review and discuss up- to-date research on the effect of stress on female reproductive health</li> <li>• Review common stress related conditions including, functional hypothalamic amenorrhea, PMS, postpartum depression</li> <li>• Review and discuss herbal research and traditional herbal use</li> <li>• Develop protocols based on key herbs</li> <li>• Discuss safety &amp; quality issues, nutritional support, diet &amp; lifestyle</li> </ul>
<b>1 Hour</b>	<b>Review key learnings and Q&amp;A</b>

# MediHerb Clinical Webinar

## Emergency Medicine Cabinet and Botanicals for Optimal Female Fertility

With Amanda Williams and Berris Burgoyne

In this webinar, two of MediHerb's clinical experts will share their extensive knowledge on a broad range of common conditions.

Amanda Williams will detail the essential botanicals to have on hand to support common health issues including immune challenges, common digestive issues, pain and mood challenges.

Berris Burgoyne's sessions will focus on female fertility and the drivers of reproductive dysfunction including endocrine disruptors, gut dysbiosis and stress. Practical protocols will be provided, illustrated by Berris' case histories.

This event is essential viewing for any health professional wanting to extend their clinical prescribing for optimal results.

<b>Saturday 30 July</b>		
1pm to 2.30pm	<b>Emergency Medicine Cabinet – Part 1</b> In this session Amanda reviews botanicals that can be used to support patients with common immune challenges including bacterial and viral infections, sore throat, allergic bronchitis	Amanda Williams
15 minute break		
2.45pm to 4.15pm	<b>Drivers of Female Reproductive Dysfunction</b> In this session Berris reviews common drivers of reproductive dysfunction including endocrine disruptions, thyroid conditions and provides protocols illustrated by case histories.	Berris Burgoyne
15 minute break		
4.30pm to 5.30pm	<b>Questions &amp; Answers</b>	

<b>Sunday 31 July</b>		
1pm to 2.30pm	<b>Emergency Medicine Cabinet – Part 2</b> In this session Amanda reviews botanicals that can be used to support patients with common GIT, pain and mood issues including dyspepsia, indigestion, cramping, inflammation, muscle spasm, soft tissue injury, headache, psychogenic pain	Amanda Williams
15 minute break		
2.45pm to 4.15pm	<b>Stress and Female Reproduction</b> In this session Berris reviews common stress related conditions affecting female health including, functional hypothalamic amenorrhea, PMS, postpartum depression	Berris Burgoyne
15 minute break		
4.30pm to 5.30pm	<b>Questions &amp; Answers</b>	

**Amanda Williams**

B.Bus, Adv Dip Nat, Dip Bot Med, MANTA  
Naturopath & Medical Herbalist

An internationally experienced integrative naturopath and medical herbalist, Amanda has over 25 years' clinical experience. She is dedicated to addressing the underlying root causes of ill health to deliver long-term sustainable health solutions at her busy office in Brisbane, Australia.

Amanda is a popular speaker able to convey the technical complexity of botanical therapy for ease of implementation at your own practice. She has presented seminars to health professionals in the United States, Canada and the UK since 2001.



**Berris Burgoyne, BHSc, ND, Dip Herb,**

Berris is a renowned naturopathic clinician with over 30 years of experience. She owns and runs a highly successful naturopathic clinic in Brisbane, Australia, and is a senior member of the MediHerb team as a technical writer and educator.

Berris was one of Kerry Bone's first herbal students and has worked closely with him over the past 26 years. She regularly lectures alongside Kerry in Australia and New Zealand and has also lectured extensively in the United States, Canada, the United Kingdom and South Africa.

What sets Berris apart as a speaker and educator is her ability to take very complex technical data and transform it into practical clinical information that is easy to understand and apply. This, coupled with her extensive clinical experience, makes her an authoritative and dynamic presenter.

