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NEVADA STATE BOARD OF ORIENTAL MEDICINE
APPLICATION FOR CREDIT APPROVAL OF CONTINUING EDUCATION
Pursuant to NAC 634A.137

- Please note that if your CEU course has been approved by NCCAOM as a core competency with the designation of AOM-ABT, AOM-AC, AOM-BIO, AOM-CH, AOM-OM, AOM-SA, and/or AOM-ET, then it will be automatically deemed approved and you do not have to submit this form.
One application per course must be submitted for review and approval.
The fee required pursuant to NAC 634A.165 of \$100 (per course).
The Board requires a syllabus, a curriculum vitae for the instructor(s), and the NCCAOM course approval # and category # if applicable.
If the Board approves a course of continuing education pursuant to NAC 634A.137, the Board will determine the number of hours of continuing education that a licensee may receive for attending the course.
Please mail to: Board of Oriental Medicine, 3191 E. Warm Springs Rd., Las Vegas, NV 89120

1. Name of Applicant or Entity: SP Westcoast Inc
2. Address: 26565 West Agoura Rd Ste 200, Calabasas, CA 91302
3. Phone number: 818-660-2430
4. Email: Kim@spwestcoast.com

5. Location and Address of the continuing education program:

6. Course approved by: NCCAOM yes [] no [x]
Other entity/entities:

7. Title of Course: Complex Brain Disorders and the Gut: Connecting the Dots

8. Date(s) and times of the course taken: 11/21 9AM-1PM and 11/22 9AM-1PM

9. Name of Instructor(s) and his/her degree(s): Robert Scott, ND

10. CEU hours: 8

11. Did you attend in person or online: Online

I swear that the above statement is nothing but true.

Signature of the Applicant or Representative

of Entity: Kim Eaves Name: Kim Eaves

Date: 09/18/2020

Course Title: Complex Brain Disorders and the Gut: Connecting the Dots

Date: 11/21 & 11/22

Location: Live Webinar via ZOOM

Webinar time: 9AM-1PM Each Day

Presenter: Robert Scott, ND

Course goals

- Review of current scientific understanding the driving forces behind the development of Neuroinflammation: neurotoxins, autoimmunity, stress, head trauma, infections, and gut inflammation/permeability
- Understand how Neuroinflammation impacts brain health and the development of dementia, anxiety, and depression
- Introduce the metabolic and toxic threats to the brain: Inflammation, toxins, suboptimal brain nutrients, stress, and hormonal imbalances
- Overview of neurogenesis and proper brain nutrition
- Overview of concussion and mTBI
- Review of the current scientific understanding of the relationship between gut health and brain health
- Overview of the common causes of gut inflammation/permeability with a focus on dysbiosis, infections and stealth pathogens
- Develop appropriate nutritional, diet, lifestyle, and herbal protocols for every case

Learning objectives/learning outcomes

On completion of this course, attendees will have the:

- Understanding of the importance of gut health in relationship to brain health
- Current medical understanding of the development of dementia, anxiety, and depression
- Basic clinical understanding of the metabolic and toxic threats to the brain: gut inflammation/permeability, neurotoxins, and suboptimal brain nutrients, head trauma, and stress
- Understanding how to support neurogenesis and basic brain nutrition
- Basic medical understanding of concussion and mTBI
- Understanding the importance of mitochondrial health in brain function and how to support mitochondrial function
- Basic clinical understanding of the impact infections and stealth pathogens have on gut health
- Understand how to properly assess and provide nutritional, herbal, dietary, and lifestyle support for the prevention and support of dementia, anxiety, and depression
- Understand how to properly assess and provide nutritional, herbal, dietary, and lifestyle support for the prevention and support of concussion and mTBI
- Understand how to properly assess and provide nutritional, herbal, dietary, and lifestyle support for the prevention and support of gut infections including stealth infections and dysbiosis

Description of content

The course is divided into 8 sections as detailed in the outline below.

Prior level of knowledge

Basic level of knowledge is required for effective participation

Teaching method

Seminar environment using PowerPoint with active audience participation

Hour-by-Hour course outline

Hour by Hour Outline	
Hour	
1	<p>Neuroinflammation and the development of dementia and Alzheimer’s disease (AD)</p> <ul style="list-style-type: none"> • Review of the driving forces behind Neuroinflammation: neurotoxins, autoimmunity, head trauma, pathogens, stress, gut inflammation/permeability • Development of treatment protocols based on nutritional support, diet & lifestyle, and key herbs • Discuss safety & quality issues, nutritional support, diet & lifestyle
2	<p>Overview of dementia and Alzheimer’s disease</p> <ul style="list-style-type: none"> • Review of current scientific understanding of how Dementia and Alzheimer’s disease develops. Including the three “types” of Alzheimer’s disease • Discuss the role amyloid precursor protein (APP) in the development of Alzheimer’s disease • Review of the driving forces behind Neuroinflammation: neurotoxins, autoimmunity, head trauma, pathogens, stress, gut inflammation/permeability
3	<p>Overview of Concussion and mTBI (head trauma)</p> <ul style="list-style-type: none"> • Review the medical understanding of addressing concussion and mTBI • Development of treatment protocols based on nutritional support, diet & lifestyle, and key herbs • Discuss safety & quality issues, nutritional support, diet & lifestyle
4	<p>Neurogenesis, proper brain nutrition, autoantibodies, and ketosis</p> <ul style="list-style-type: none"> • Review of key nutrients, herbs, and trophic factors to support proper brain function and neurogenesis • Development of treatment protocols based on nutritional support, diet & lifestyle, and key herbs • Discuss safety & quality issues, nutritional support, diet & lifestyle
Lunch	
5	<p>Stress, dysregulation of the H-P axis and the development of dementia, AD, depression, and anxiety</p> <ul style="list-style-type: none"> • Review the medical understanding of stress and their relationship to the development of dementia, anxiety, and depression • Development of treatment protocols based on nutritional support, diet & lifestyle, and key herbs • Discuss safety & quality issues, nutritional support, diet & lifestyle
6	<p>Overview of gut inflammation/permeability and its relationship dementia, depression, and anxiety</p> <ul style="list-style-type: none"> • Review the medical understanding of gut inflammation/permeability and its relationship to the development dementia, depression, and anxiety • Development of treatment protocols based on nutritional support, diet & lifestyle, and key herbs • Discuss safety & quality issues, nutritional support, diet & lifestyle
7	<p>Gut infections, dysbiosis, and stealth pathogens and their relationship to the development of gut inflammation/permeability</p> <ul style="list-style-type: none"> • Review the medical understanding of gut infections, dysbiosis, and stealth pathogens and their relationship to the development of gut inflammation/permeability and cognitive brain disorders • Development of treatment protocols based on nutritional support, diet & lifestyle, and key herbs • Discuss safety & quality issues, nutritional support, diet & lifestyle

8	Gut infections, dysbiosis, and stealth pathogens and their relationship to the development of gut inflammation/permeability, Cont..... <ul style="list-style-type: none">• Review the medical understanding of gut infections, dysbiosis, and stealth pathogens and their relationship to the development of gut inflammation/permeability and cognitive brain disorders• Development of treatment protocols based on nutritional support, diet & lifestyle, and key herbs• Discuss safety & quality issues, nutritional support, diet & lifestyle
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Dr. Robert J. Scott

7 St. John St #2 ♦ Old Orchard Beach, ME ♦ rscotnd@yahoo.com ♦ 413-204-4116

Curriculum Vitae

Education

Doctorate of Naturopathic Medicine

University of Bridgeport

Bridgeport, Connecticut

Masters of Science in Human Nutrition

University of Bridgeport

Bridgeport, Connecticut

Masters of Science in Acupuncture

University of Bridgeport

Bridgeport, Connecticut

Bachelors of Science in Finance

Westfield state College

Westfield, Massachusetts

Bachelors of Arts in Economics

Westfield State College

Westfield, Massachusetts

Teaching & Employment History

Clinical Consultant – Independent Contractor

September 2007 - Present

- Educate doctors and other health care professionals on the benefits of whole food nutritional supplements and herbal medicine and how to implement them into their existing practice.
- Develop, conduct and host workshops, seminars, teleconferences, and webinars throughout New England.
- Clinical Consultant to customers of MediHerb and Standard Process Inc.
- Provide support for doctors and other health care professionals to help them educate their patients on how to incorporate proper nutrition in a healthy lifestyle program.

Asnuntuck Community College

August 2007- December 2009

Adjunct Faculty

Enfield, Connecticut

Introduction to Nutrition

- Teach inmates through Asnuntuck Community College in the Connecticut prison system.
- Introduce the basic principle of nutrition, including the study of dietary nutrients, the effect of inadequate, excessive or deficient nutrient levels on human health.
- Introduce the role of macronutrients in nutrition.
- Demonstrate the use of food analysis tools, including tables and labels to help determine healthy diet choices.

Branford Hall Career Institute

October 2007 - October 2008

Instructor

Springfield, Massachusetts

Anatomy and Physiology

- Introduce the basic understanding of anatomy and physiology of the human body.

Pharmacology

- Introduce the knowledge of origins, classifications, administration, and use of medications.

Medical Terminology

- Introduce meaning of medical terms and abbreviations

University of Bridgeport

Adjunct Faculty

December 2004 – August 2007

Bridgeport, Connecticut

Hydrotherapy

- Introduced the principles and practice of the therapeutic use of water including alternating temperature, constitutional hydrotherapy, colon hydrotherapy, immersion baths and various wet applications.
- Lectured, demonstrated and supervised hands-on practice of hydrotherapy protocols.
- Reworked and expanded current curriculum.

Physical Exam

- Introduced the skills required to examine and diagnose the skin, eyes, ears, nose and throat, as well as the cardiovascular, respiratory, gastrointestinal and genitourinary systems.
- Taught students how to select the appropriate examination and diagnostic procedure which correspond to the patient's history and complaint.
- Taught students how to select and use diagnostic equipment and specific procedures for carrying out these examinations.
- Lectured, demonstrated and supervised hands-on practice of physical exam techniques.

Living Anatomy: Palpation

- Introduced the proper methodology of conducting a neuromusculoskeletal physical examination of the shoulder, elbow, wrist and hand, cervical spine, gait, hip and pelvis, knee, foot and ankle and lumbar spine.
- Taught students topographical and applied anatomy.
- Lectured, demonstrated and supervised hands-on practice of palpation techniques.

Dispensary Assistant

- Maintained dispensary inventory, billing and record keeping.
- Assisted students in selecting supplement and herbal medications.
- Filled prescriptions, compound tinctures, creams, homeopathic and Bach flower remedies.
- Trained students in computer skills, and all aspects of dispensary proficiency.
- Provided in house and mail order customer service.
- Special clinic projects as needed.

Lab Coordinator

- Educated and supervised students performing lab procedures including, phlebotomy, urine analysis, blood glucose monitoring, ESR, KOH preps, quick strep tests, pregnancy tests and wet mounts.
- Assisted students on choosing functional medicine tests.
- Maintained lab inventory and record keeping.

Professional Accreditation

State of New Hampshire

Naturopathic Doctor - License Number – 107

State of Maine

Naturopathic Doctor – License Number – 399

Dr. Scott Bio:

Dr. Bob Scott is a naturopathic physician and nutritionist practicing in the states of Maine and New Hampshire. His clinical focus is nutritional endocrinology, with an emphasis on adrenal, and thyroid hormonal balance, as well as gut health and detoxification. He has served the Standard Process community as a clinical consultant since 2007 and provides educational seminars, teleconferences, and webinars throughout the United States and Canada.

Dr. Scott has had the rare privilege of being invited to MediHerb for intensive training on two occasions and now speaks directly for MediHerb.

Dr. Scott is also a clinical presenter for Whole Food Nutrition program and is Applied Clinical Nutrition (ACN) certified and a graduate of the Nutritional Response Testing program.

Dr. Scott is a graduate of the University of Bridgeport with a Doctorate of Naturopathic Medicine and Masters in both Human Nutrition and Acupuncture. His prior work experiences include assistant professor, lab coordinator, and pharmacy director for the University of Bridgeport College of Naturopathic Medicine