

# 6

Brian Sandoval, Governor



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**NEVADA STATE BOARD OF ORIENTAL MEDICINE  
APPLICATION FOR CREDIT APPROVAL OF CONTINUING EDUCATION  
Pursuant to NAC 634A.137**

Please mail to: Board of Oriental Medicine, 3191 E. Warm Springs Rd., Las Vegas, NV 89120

Name of Applicant or Entity: Anita Lanier

Address: 2200 W Horizon Ridge Pkwy Ste D Henderson 89052

Phone Number: 702 204 1392 Email: anitashreelanier@gmail.com

I. Location and Address of the continuing education program: Lax Hilton

II. Please fill out below:

Name of Instructor(s)	Degree of Instructor(s)	Date	Time:		CE Hours	Title of Course
			From	To		
Jam Miller	LMT CMT	9/17 - 9/18	9am	6pm	16	Advanced Cupping Techniques

- III. One application per course must be submitted for review and approval.
- IV. Supporting documentation must include: all material relating to the course, including, without limitation, written material to be provided to a licensee attending the course; and
- V. The fee required pursuant to NAC 634A.165 of \$100 (per course).
- VI. The Board recommends including also a syllabus for the course in addition to a curriculum vitae for the instructor(s).
- VII. If the Board approves a course of continuing education pursuant to NAC 634A.137, the Board will determine the number of hours of continuing education that a licensee may receive for attending the course.

I swear that the above statement is nothing but true.

Signature of the Applicant or Representative of Entity: Anita Lanier

Name: Anita Lanier Date: 9/30/18



International Cupping Therapy Association

# Advanced Cupping Techniques

*Anita Lanier*

License # AC15091

has demonstrated competent knowledge and skills in Advanced Cupping Techniques  
and is therefore awarded this Certificate on September 18, 2018



13610 30th Ave NW  
Tulalip, WA, 98271  
PO Box 2531  
Priest River, ID 83856  
425.999.2225  
CuppingTherapy.ORG

Keep on file for 4 years

Location ~ Los Angeles, CA  
Date ~ Sept 17 - 18, 2018

Instructor  
Jason Miller

Massage Therapy Association of Saskatchewan (16 Primary Hrs)  
Massage Therapy Association of Manitoba (15.75 Primary Hrs)  
Florida CE Broker - FBOM, FBOA, FBAT #50-10028 (16 CE)  
Remedial Massage Therapy Association (16 Primary Hrs)  
Massage Therapy Association of Alberta (9 Primary Hrs)  
DCA California Board of Acupuncture #957 (16 PDA)  
NYSED Approved CE Provider #451493-10 (16 CE)  
Natural Health Practitioners of Canada (10 Pts)  
Louisiana Board of Massage #LAP0224 (16 CE)  
Texas Approved CE Provider #1565 (16 CE)  
NCCAOM #ACHB 957-001 (16 PDA)  
NCBTMB #451493-10 (16 CE)



Jesse MacLean - Director

**ADVANCED CUPPING TECHNIQUES  
CLASS OUTLINE**

**DAY ONE**

**EQUIPMENT USED:**  
 Baguanfa Cups  
 DE Hachiwuxing Biomagnetic  
 EarthSpa Oval Tools  
 EarthSpa Bells

**9 - 9:40am ~ Introduction and Orientation ~ ~ 10 minute break**

**9:50am – 12pm ~ Lower Body Supine**

**Labwork in Exchange Format ~ 15 minute break during body exchange**

<b>Section 1 Body Part - HIP</b>	<b>Condition(s) Treated</b>	<b>Methods</b>
Iliopsoas AIIS ASIS	Iliopsoas Syndrome Snapping Hip Syndrome Coxa Saltans Iliopsoas Tendonitis Hip Bursitis Perthes' Disease Inflammation and Calcification of the greater trochanter Inflammation of the hip joint (synovitis) Hip Flexor Strain Inflammation of iliopsoas muscle Osteoarthritis Hip tendonitis	Intermittent Stationary Dynamic Moving MLD
<b>Section 2 Body Part - THIGH</b>	<b>Condition(s) Treated</b>	<b>Methods</b>
Quadratus Vastus Medialis Rectus Femoralis AIIS Adductors	Inflammation of Rectus Femoris Tendon Inflammation of adductor muscles or tendon (tendinitis / tendinopathy) Quadratus Strain Femoral Strain Inflammation of the groin muscles Osteitis Pubis Inflammation of iliopsoas muscle Femoral Hypertonicity Syndrome Contusion of quadriceps muscles	Stationary Dynamic Moving MLD
<b>Section 3 Body Part - LEG</b>	<b>Condition(s) Treated</b>	<b>Methods</b>
Patella Vastus Medialis Sartorius Gracilus	Patellofemoral Syndrome Chondromalacia Patellae Anterior cruciate ligament sprain Posterior cruciate ligament sprain	Stationary Dynamic Moving MLD

**ADVANCED CUPPING TECHNIQUES  
CLASS OUTLINE**

Semitendinosus Semimembranosus Head of the Fibula Pes Anserinus Tendon	Lateral Ligament Sprain Medial Ligament Sprain Quadriceps tendinopathy / inflammation at insertion at the Patella Patella tendonitis Prepatella bursitis Infrapatellar Bursitis Osgood-Schlatters Disease Sinding-Larsen-Johansson Lesion Fat Pad Impingement Knee Synovitis	
<b>Section 4</b> <b>Body Part - LEG</b>	<b>Condition(s) Treated</b>	<b>Methods</b>
Tibialis Anterior Medial Anterior Soleus	Neuropathy Shin splints / Periostitis Anterior Compartment Syndrome Inflammation of the tendon sheath of the Tibialis Anterior Restless leg syndrome Peroneal nerve injury Foot Drop Referred pain Entrapment of nerves Popliteal Artery Entrapment Periosteal Contusion	Biomagnetic Stationary Moving MLD
<b>Section 5</b> <b>Body Part - FOOT</b>	<b>Condition(s) Treated</b>	<b>Methods</b>
Talocrural Joint Dorsal Surface of Foot Extensor Digitorum Longus Extensor Hallucis Longus Extensor Digitorum Brevis Peroneal Tendons	Tarsal Tunnel Syndrome Medial calcaneal nerve entrapment Foot drop Extensor tendinopathy / inflammation Sinus Tarsi Syndrome Midtarsal Joint Sprain Tibialis posterior tendinopathy Tibialis posterior syndrome Peroneal tendonitis / tendinitis	Stationary Dynamic MLD
<b>~ Full Leg Negative Pressure Lymphatic Drainage</b>		
<b>15 in break during body exchange and repeat above</b>		

**12 - 1pm ~ Lunch**

**ADVANCED CUPPING TECHNIQUES  
CLASS OUTLINE**

Subclavius Deltoid Pectoralis Major Pectoralis Minor Sternalis	Sterno-Clavicular Strain Costochondritis Pec Major Muscle / Tendon Strain / Inflammation Thoracic Outlet/Pec Minor Syndrome Mastectomy Edema, Scar Tissue and Adhesions	Dynamic Moving MLD
<b>Section 4</b> <b>Body Part - CHEST</b>	<b>Condition(s) Treated</b>	<b>Methods</b>
Upper Trapezius Scalenes Subclavius Coracobrachialis Pectoralis Minor Deltoid Biceps Brachii Brachialis Brachioradialis Supinator Pronator Quadratus 8 Extensors Muscles 3 Flexors Muscles	Peripheral Edema TOS Tendinitis Bursitis Tennis Elbow Anterior Compartment Syndrome Referred pain Entrapment of Nerves Periosteal Contusion Brachial Plexopathy Claw hand Carpal Tunnel Syndrome	Biomagnetic Stationary Moving MLD
<b>~ Full Leg Negative Pressure Lymphatic Drainage</b> 15 min break during body exchange and repeat above		
<p><i>12 – 1pm ~ Lunch</i></p>		
<b>1 – 5:30pm ~ Lower Body Prone</b> Labwork in Exchange Format ~ 15 minute break during body exchange		
<b>Section 1</b> <b>Body Part - NECK/BACK</b>	<b>Condition(s) Treated</b>	<b>Methods</b>
Splenius Spinalis Semispinalis Longus Colli Interspinalis Intertransversarii Longissimus Multifidus Latissimus Dorsi Rhomboids Serratus Posterior Iliocostalis	Upper and Lower Back Pain / Strain Hypertonicity Inflammation of muscle attachments to the spine Scheuermann's disease Neck strain Whiplash Posture Syndromes Kyphosis, Scoliosis, Lordosis Nerve root compression /	Stationary Dynamic MLD

**ADVANCED CUPPING TECHNIQUES  
CLASS OUTLINE**

Rotatores Levator Costarum Quadratus Lumborum	Intervertebral Disc Injury Spondylosis Ankylosing Spondylitis Paravertebral Muscular Trigger Points Sacroiliac Joint Pain Coccydynia / Coccyx pain Spinal Canal Stenosis	
<b>Section 2</b> <b>Body Part - NECK/UPPER BACK</b>	<b>Condition(s) Treated</b>	<b>Methods</b>
Longus Colli Splenius Capitis Trapezius Rhomboid Minor Rhomboid Major	Neck Pain Neck Hypertonicity Inflammation of muscle attachments to the spine Tenderness at the muscular attachment to the spine Neck strain Cervical Posture Syndromes Whiplash	Biomagnetic
<b>Section 3</b> <b>Body Part - BACK/HIP</b>	<b>Condition(s) Treated</b>	<b>Methods</b>
Serratus Posterior Inferior Internal Oblique Quadratus Lumborum Psoas Major Thoracolumbar Aponeurosis Posterior Transverse Abdominus Gluteus Medius Gluteus Maximus Iliolumbar Ligaments Posterior Sacroiliac Ligaments	Spinal Canal Stenosis Nerve root compression Spondylosis Ankylosing Spondylitis SI joint injury / Inflammation Gluteal Muscular Trigger Points Paravertebral Trigger Points Muscle strains in the low back Lumbago Weak back Coccyx pain Scoliosis Lordosis	Stationary Dynamic Moving MLD
<b>~ Full Leg Negative Pressure Lymphatic Drainage</b>		
<b>15 min break during body exchange and repeat above</b>		
<b>5:30 - 6pm ~ Q &amp; A / Certificates</b>		

**ADVANCED CUPPING TECHNIQUES  
CLASS OUTLINE**

**DAY TWO**

**EQUIPMENT USED:**

**Baguanfa Cups  
DE Haciawuxing Biomagnetic  
EarthSpa Oval Tools  
EarthSpa Bells**

**9 - 9:45am ~ Q & A**

**10am – 12pm ~ Upper Body Supine**

**Labwork in Exchange Format ~ 15 minute break during body exchange**

<b>Section 1</b>	<b>Condition(s) Treated</b>	<b>Methods</b>
<b>Body Part - FACE/NECK</b>		
Auricularis Ant, Sup & Post Frontalis Temporalis Occipitofrontalis Splenius Capitus Cervicals Occipitals Trapezius Levator Scapulae Splenius Erector Spinae Group	Headaches Sinusitis Migraines Tension Eye Strain Cervicalgia Radiating Neck Pain Inflammation of Muscle Attachments to the Spine Stiff Neck Cervical Posture Syndrome Whiplash Bells Palsy Facial Paralysis	Intermittent Biomagnetic Cupping Moving MLD
<b>Section 2</b>	<b>Condition(s) Treated</b>	<b>Methods</b>
<b>Body Part - FACE/NECK</b>		
Zygomatikus Major Masseter Lateral Pterygoid Medial Pterygoid Superior Pharyngeal Inferior Pharyngeal Middle Pharyngeal Articular Disc of TMJ Lateral TMJ Ligament Stylomandibular Ligament	Bells Palsy Facial Paralysis Trigeminal Neuralgia Stroke Neurofibromatosis Ramsey Hunt Syndrome Spontaneous Cerebrospinal Fluid Leak Facioscapulothoracic Muscular Dystrophy	Stationary Dynamic Moving Biomagnetic MLD
<b>Section 3</b>	<b>Condition(s) Treated</b>	<b>Methods</b>
<b>Body Part - BREAST</b>		
Serratus Anterior	Repetitive Breast Trauma	Stationary



**ADVANCED CUPPING TECHNIQUES  
CLASS OUTLINE**

**1pm – 5:30pm ~ Lower Body Prone**

**Labwork in Exchange Format ~ 15 minute break during body exchange**

<b>Section 1 Body Part - HIP</b>	<b>Condition(s) Treated</b>	<b>Methods</b>
Piriformis Gemellus Superior Gemellus Inferior Quadratus Femoris Obturator Internus Sciatic Nerve Gluteus Maximus Gluteus Medius Gluteus Minimus Gluteal Fascia Tensor Fasciae Latae Iliotibial Tract Hamstrings	Piriformis Syndrome Hip Bursitis Inflammation and Calcification of the Greater Trochanter Perthes' Disease Inflammation of the Hip Joint (Synovitis) Inflammation of the Sacroiliac Joint Iliolumbar Ligament Sprain Referred pain from the Lumbar Spine Pain in the Buttocks from Lower Back problems Sciatica Inflammation of the Greater Trochanter Attachments Ischiogluteal Bursitis Ankylosing Spondylitis / Bechterew's Disease Hamstring Tendinitis at the muscles origin Bruised Coccyx / Tailbone Coccydynia / Coccyx pain	Stationary Dynamic Moving MLD
<b>Section 2 Body Part - CALF</b>	<b>Condition(s) Treated</b>	<b>Methods</b>
Gastrocnemius Soleus Achilles Tendon Tibialis Posterior Flexor Digitorum Longus Flexor Hallucis Longus Calcaneal Tendon	Calf strain (pulled muscle) Tight Calf Muscles Foot Drop Deep Vein Thrombosis Cramps DOMS Posterior Compartment Syndrome Popliteal Artery Entrapment Lateral Compartment Syndrome Tennis Leg Lower Compartment Edema Achilles Injuries / Conditions / Pain / Tendonitis Retrocalcaneal Bursitis Haglund's Syndrome Apophysitis Calcanei / Sever's Disease Posterior Impingement Syndrome	Stationary Intermittent Dynamic Moving MLD

**~ Full Leg Negative Pressure Lymphatic Drainage**

**15 min break during body exchange and repeat above**

**5:30 - 6pm ~ Q & A**