

#15



Brian Sandoval, Governor



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NEVADA STATE BOARD OF ORIENTAL MEDICINE
APPLICATION FOR CREDIT APPROVAL OF CONTINUING EDUCATION
Pursuant to NAC 634A.137

Name of Applicant or Entity: Fardyn McSweeney, omd
Address: 2200 W. Horizon Ridge Pkwy, Ste D Henderson 89052
Phone Number: 702-240-2287 Email: fardynmcsweeney@gmail.com

I. Location and Address of the continuing education program: Live Online

II. Please fill out below:

Name of Instructor(s)	Degree of Instructor(s)	Date	Time: From To	CE Hours	Title of Course
1. Virginia Vandervoort	1 B A, L M T	11/11/2016	9am 4pm (no lunch break)	7	Advanced Kinesiology
2. Joseph W. Shannon	2. PhD	11/18/2016	9am 4pm 1 hr. lunch break	6	changing How we feel by changing how we think

- III. One application per course must be submitted for review and approval.
- IV. Supporting documentation must include: all material relating to the course, including, without limitation, written material to be provided to a licensee attending the course; and
- V. The fee required pursuant to NAC 634A.165 of \$100 (per course).
- VI. The Board recommends including also a syllabus for the course in addition to a curriculum vitae for the instructor(s).
- VII. If the Board approves a course of continuing education pursuant to NAC 634A.137, the Board will determine the number of hours of continuing education that a licensee may receive for attending the course.

I swear that the above statement is nothing but true.

Signature of the Applicant or Representative of Entity: [Signature]
Date: 12/05/2016 Name: Fardyn McSweeney

The International Kinesiology Training Institute

400 Central Park West #5M
New York, NY 10025
www.ikti.org



CERTIFICATE OF COMPLETION

This is to certify that

Farolyn McSweeney

California Acupuncture Board Lic#8116 2 & Nevada Board of Oriental Medicine Lic#1004

has completed the following course:

Advanced Kinesiology 100 Online

7 CE Online Live Hours

On Nov 11, 2016

Virginie Vandevoorde

Instructor & IKTI President

IKTI is recognized by the following state boards as a continuing education provider by
NCCAOM # 163832, CA CEP # 1275, CEBroker # 50-11411, NYS # 00039, IL # 245.000070, NV for Massage Therapists courses # CEH 0162 to 0166

Virginie Vandevoorde is:

The founder, Program Director, Specialized/Advanced Kinesiologist and instructor of the International Kinesiology Training Institute based in New York City called the IKTI.

Specialized in the field of Kinesiology (K) for well over 15 years, trained both in Europe and in the US (Applied K., Behavioral K., Educational K., Brain Gym, Morpho K., Chakra K., Aura K., 3in1Concept, Professional Kinesiology Practitioner...), Licensed Massage Therapist with a specialization in Eastern Medicine for more than 10 years (deep tissue, fascia, cupping, reflexology, Shiatsu, Thai, Tui Na, Sotai and perinatal massage). She holds a degree from the Swedish Institute, College of Health Sciences in New York City and speaks fluent English, Spanish, and French.

A former dancer, choreographer, hypnotherapist, K-Power® instructor, Top Ten Pain Releasers Instructor and Touch for Health™ Kinesiology instructor (for almost 7 yrs.). She is the winner award as an Outstanding Touch for Health Kinesiology Instructor/Most Students/Most Classes Taught in 2010-11.

Also as a family constellation facilitator, Virginie helps clients break long-standing patterns of illness, fear and unhappiness, helping them shift their inner voice that keeps them stuck in repetitive patterns and inherited family traumas.

Has a health care practitioner for almost two decades now, Virginie shares her knowledge of Advanced Kinesiology (AK) and other techniques with health practitioners, laypeople alike and her international clientele.

Beside the above Virginie enjoys during her spare time, tango nuevo, horse back riding, acroyoga, rowing, beach volley and stretching.

Contact us to schedule private session through skype or in person (prices).

CERTIFICATE OF COMPLETION

This is to certify that
Farolyn McSweeney

has met the required standards of completion for the
live, 6-hour continuing education webinar entitled

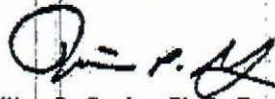
Changing How We Feel By Changing How We Think

Presented by Joseph Shannon, Ph.D. Date of Completion: 11/18/2016

This program has been approved by the California Acupuncture Board for 6 CE hours of Category I credit.

Retain this certificate for your professional records. Do not send a copy of this certificate to your Board unless specifically requested.

INSTITUTE FOR BRAIN POTENTIAL, PO Box 2238, Los Banos, CA 93635



William P. Gordon, Ph.D., President



JOSEPH W. SHANNON, Ph.D.
Psychologist

1155 West Third Avenue
Columbus, Ohio 43212

Telephone: (614) 297-0422

CHANGING HOW WE FEEL BY CHANGING HOW WE THINK

Habitual beliefs, also known as mindsets, have a profound and pervasive influence over how we experience stress, anxiety, sadness, anger, shame and other painful emotions. Mindsets will also directly influence the development of habitual behaviors for coping with painful emotional states. Behaviors which may initially be highly adaptive can, over time, become extremely maladaptive or otherwise problematic.

This new program provides participants with evidence-based strategies for revising and transforming maladaptive mindsets and the problematic behaviors they spawn. Special attention will be paid to a paradigm for bringing about lasting change utilizing the science of cortical and subcortical processes.

As a result of attending this thought-provoking program, participants should be able to:

1. Describe several attributes of a mindset;
2. Discuss the etiology of problematic mindsets;
3. List and describe ten (10) maladaptive mindsets that lead to problematic behaviors and painful emotions;
4. Describe the neurological aspects of mindset change;
5. Develop a comprehensive plan for challenging and changing maladaptive mindsets; and
6. Apply the process of mindset change to preventing/treating caregiver burn-out.

JOSEPH W. SHANNON, Ph.D.
1155 West Third Avenue
Columbus, Ohio 43212
614-297-0422 614-297-1050 (FAX)
JShannon@insight.rr.com (E-mail address)

CAREER SUMMARY

Over thirty years of diversified and successful clinical, counseling, consultative and training experience. Thirty years of consultative and supervisory experience as a private practice psychologist, trainer and organizational consultant. Twelve years of comprehensive administrative and supervisory experience as clinical director of a university counseling and placement agency, and an A.I.D.S. Service Organization.

EDUCATIONAL HISTORY

<u>National Directory of Health Service Providers in Psychology</u>	(April, 1986 to present).
License to Practice	(December, 1983). State of Ohio, Board of Psychology, Columbus, Ohio (License #3402)
Ph.D.	(September, 1982). The Ohio State University, Columbus, Ohio. (APA approved program) Major: Counseling Psychology. Dissertation Title: <u>Counselor's Perceived Expertness and Verbal Behaviors in Counseling</u>
M.A.	(August, 1980). The Ohio State University, Columbus, Ohio. (APA approved program) Major: Counseling Psychology. Thesis Title: <u>Counselor's Level of Empathy and the Language Patterns of Participants in Counseling</u>
B.A.	(June, 1977). Ohio Dominican University, Columbus, Ohio. (Honors graduate; Summa Cum Laude) Majors: Psychology and Sociology

PROFESSIONAL EXPERIENCE

Private Practice Therapist/Consultant, Shannon and Associates, Columbus, Ohio, September, 1983-present.

Individual, couples and group counseling and psychotherapy for adults; specialty areas: diagnosis, assessment and treatment of mood disorders, anxiety disorders, personality disorders, and chemical dependency. Offer affirming counseling services for gay/lesbian/transgendered communities, as well. Trained in clinical hypnosis and hypnotherapy; supervise and train Masters and Ph.D. level psychology and clinical social work interns; provide organizational consulting and training for 30 public and private agencies around the U.S. and Canada.

Teaching Faculty, Institute for Brain Potential, Palo Alto, California, January, 2006-present.

Have developed and presented "Understanding and Treating Personality Disorders" and "Toxic People," both six-hour continuing educational programs for medical, allied medical, mental health and substance abuse professionals.

Teaching Faculty, Cross-Country University Educational Seminars, Nashville, Tennessee, March, 2003-present.

Develop and present day-long continuing education programs for medical, allied medical, mental health and substance abuse professionals. Topics to date have included ethical and legal issues in counseling; major mood disorders; interventions with highly resistance patients; and assessment and treatment of patients who self-mutilate.

Advisory Board Consultant, Battelle Memorial Institute, Columbus, Ohio, January, 1992-2008.

Served as the Psychologist/Behavioral Specialist on the "Human Subjects Institutional Review Board" (IRB); responsible for critically reviewing every Battelle research project/proposal that involved the use of human research subjects; specifically responsible for assessing potentially harmful effects to subjects of a psychological nature; frequently participated in multi-disciplinary forums/seminars on ethical issues germane to conducting research with human subjects.

Teaching Faculty, Institute for Cortext Research and Development, Los Altos, California, October, 1997-June, 2003.

Developed and presented day-long continuing education courses for medical, allied medical and mental health professionals on topics related to mind-body research. Specific topics have included emotional intelligence, personality factors which impact health and the biological, psychological and socio-cultural underpinnings of aggression and violence.

PROFESSIONAL EXPERIENCE continued

Teaching Faculty, American Healthcare Institute, Silver Springs, Maryland, September, 1991-August, 1994.

Designed and implemented day-long continuing education courses for mental health professionals on topics ranging from the diagnosis and treatment of psychopathology to effective marketing strategies for the professional in private practice.

Director of Training/Consultant, Columbus AIDS Task Force, 1983-1992.

Designed and implemented training programs for volunteer, paraprofessional counselors; consulted with physicians, nurses and other health care professionals on all matters relevant to Acquired Immune Deficiency Syndrome; facilitated supervision/support groups for counselors; extensive public speaking and training on matters germane to AIDS education and prevention.

Director of Counseling and Placement Services, Ohio Dominican University, Columbus, Ohio, July 1983-June, 1985.

Administrative/Direct Services position which involved the creation and implementation of programs designed to promote the personal and professional growth of undergraduate students, teaching faculty and administrative personnel in a liberal arts, college setting. Specific administrative tasks included (but were not limited to): design and implementation of yearly "master plans" using a management-by-objectives approach; fiscal management; programming; consultation/education; supervision of unlicensed staff as well as support staff; committee work; operation of a career resource center; management of an on-campus recruiting program as well as other placement activities for graduating seniors and alumni; and teaching a course in career planning/self-marketing strategies. Direct service involved providing individual, family and group counseling/psychotherapy to students and their families; both personal and vocational counseling; and comprehensive diagnosis and assessment (e.g., psychological testing) services.

Post-Doctoral Psychology Intern, Southwest Community Mental Health Centers, Inc. and Central Ohio Psychiatric Hospital, Columbus, Ohio, September, 1982-August, 1983.

Hospital-based, post-doctoral fellowship which involved three primary rotations: 1.) outpatient psychotherapy with individuals, couples and families; 2.) inpatient assessment and treatment of psychotic and character disordered patients; and 3.) forensic evaluations of prisoners eligible for parole or probation. Worked under supervision of two licensed clinical psychologists; received intensive training in differential diagnosis, assessment and treatment of moderate to severe psychiatric disorders as well as monitoring the treatment and side effects of psychotropic medications.

PROFESSIONAL EXPERIENCE continued

Alcohol/Drug Abuse Counselor, Central Ohio Regional Alcoholism Center (Maryhaven) in conjunction with The Ohio State University, Columbus, Ohio, January, 1982-June, 1982.

Two-quarter advanced practicum in chemical dependency assessment and counseling; didactic/experiential focus; worked with both individuals and groups who had been court-referred for treatment of alcohol and drug-related problems; an intensive, heavily supervised training experience.

Counseling Psychology Intern, Counseling and Consultation Service, The Ohio State University, Columbus, Ohio, August, 1981-June, 1982.

A supervised, pre-doctoral internship which involved the following activities: individual and group psychotherapy; diagnostic testing; outreach and consultation; professional development and research (e.g., attending professional conferences and seminars, conducting research within the agency); assisting in the selection, supervision and training of counseling, clinical and social work trainees; and administrative duties (e.g., committee work and staff development). The internship provided training modules which focused on areas such as refining group therapy skills, the administration and interpretation of psychological tests (WAIS-R, MMPI, SCII, CPI, etc.) marital/relationship counseling, counseling gays, awareness of cultural/racial differences, sexual therapy, use of biofeedback in therapy, stress management, and ethical issues in psychology. APA approved.

Emergency Services Counselor, Southeast and Columbus Area Community Mental Health Centers, Columbus, Ohio, June, 1974-December, 1982.

Provided telephone and face-to-face crisis intervention services to a varied clientele (i.e. clinical and "normal" population of patients); duties involved the diagnosis, assessment and short-term treatment of persons in crisis situations.

CONSULTATION AND TRAINING (1 year only; listing of earlier experience provided upon request)

2012

- "Mental Health Issues in the Workplace." Southeast Ohio Regional Training Center, Athens, Ohio, December, 2012.
- "The Power of Belief: Thoughts That Can Harm, Thoughts That Can Heal." Southeast Ohio Regional Training Center, Portsmouth, Ohio, November, 2012.
- "Toxic People: Understanding and Working with High-Conflict People." Presented in 55 cities in the states of Ohio, Washington, Oregon, Texas, New Mexico, Utah, California, New York, Michigan, Pennsylvania and New Jersey. Institute for Brain Potential, Los Altos, California, March through December, 2012.

CONSULTATION AND TRAINING continued

- "Understanding and Treating Personality Disorders." Southwest Ohio Regional Training Center, Cincinnati, Ohio, November, 2012.
- "Bipolar Disorders and Other Major Mood Disorders." Southwest Ohio Regional Training Center, Cincinnati, Ohio, November, 2012.
- "Sociopaths, Borderlines and Narcissists, OH MY! : Understanding and Treating Cluster B Personalities." Northeast Ohio Regional Training Center, Akron, Ohio, October, 2012.
- "The Challenge of the Dual Diagnosis Patient." Central Ohio Regional Training Center, Columbus, Ohio, September, 2012.
- "Dysfunctional Families: Diagnosis and Strategic Therapeutic Interventions." Southeast Ohio Regional Training Center, Portsmouth, Ohio, August, 2012.
- "Brief, Strategic Counseling." Southwest Ohio Regional Training Center, Cincinnati, Ohio, August, 2012.
- "Understanding and Managing Anger." Southeast Ohio Regional Training Center, Portsmouth, Ohio, May, 2012.
- "Self-Mutilation Behavior in Youth and Adults." Central Ohio Regional Training Center, Columbus, Ohio, April, 2012.

and

Coastal Learning Center, Smithville, New Jersey, March, 2012.

- "Psychobiology of Hatred and Violence." Southeast Ohio Regional Training Center, Portsmouth, Ohio, February, 2012.

RESEARCH

- Dissertation: Counselor's Perceived Expertness and Verbal Behaviors in Counseling. The Ohio State University, September, 1982.
- Master's Thesis: Counselor's Level of Empathy and the Language Patterns of Participants in Counseling. The Ohio State University, August, 1980.
- Member of a research team which investigated the effectiveness of structured group experiences for students enrolled in the Psychology of Personal Effectiveness course at The Ohio State University, Winter and Spring Quarters, 1980.

PUBLICATIONS

- Shannon, J.W. (2007). Avoiding legal and ethical pitfalls with borderline patients, The National Psychologist, 16, (1), 8.
- Shannon, J.W. (1998). Effective psychotherapy for gay men. The Ohio Psychologist, 45, (1), 15-20.
- Shannon, J.W. & Woods, W. (1991). Affirming psychotherapy for gay clients. Counseling Psychologist, 19, (2), 197-215.
- Meara, N.M., Pepinsky, H.B., Shannon, J.W. & Murray, W.A. (1981). Counseling intentions and semantic analysis of natural language. Journal of Counseling Psychology, 28, 110-118.

PUBLICATIONS continued

- Meara, N.M., Shannon, J.W. & Pepinsky, H.B. (1979). A comparison of stylistic complexity of the language of counselor and client across three theoretical orientations. Journal of Counseling Psychology, 26, 181-189.

PROFESSIONAL AFFILIATIONS

- American Psychological Association, Member, Divisions 17, 29, 31, 42, 44 and 50.
- Ohio Psychological Association, Member.
- Central Ohio Psychological Association, Member.
- Delta Epsilon Sigma, National Honor Society, Member.

AWARDS AND HONORS

- Linda Pope Award for Outstanding Trainer of the Year, Institute for Human Services, 2007.
- Listed in International Who's Who Among American Professionals, 1999-2000.
- Listed in National Directory of Health Service Providers in Psychology, 1986.
- Graduated Summa Cum Laude, Graduate Program, The Ohio State University, 1982.
- Graduated Summa Cum Laude in Honors Program: Class Valedictorian, Ohio Dominican University, 1977.
- Federal Board of Regents; Outstanding Young Men of America Award, 1977.
- Inducted into Delta Epsilon Sigma (National Honor Society), 1977.
- Award for outstanding performance in psychology, Department of Psychology, Ohio Dominican University, 1977.
- Elected to Who's Who Among American College and University Students, 1977.
- Awarded the Plus XII Foundation Scholarship for academic excellence in the Social Sciences, 1976.
- Awarded four year scholarship to Ohio Dominican University, 1973.

POST-DOCTORAL EDUCATION/TRAINING

- Complete Transcript Furnished Upon Request.

#16

Brian Sandoval, Governor



Maggie Tracey, O.M.D., President
Vince Link, O.M.D., Vice President
Lisa Mathews, O.M.D., Secretary/Treasurer
Fely Quitevis, Member
Abraham Jim Nagy, MD, Member
Merle Lok, Executive Director

NEVADA STATE BOARD OF ORIENTAL MEDICINE
APPLICATION FOR CREDIT APPROVAL OF CONTINUING EDUCATION
Pursuant to NAC 634A.137

Name of Applicant or Entity: Brook Hollinger
Address: 6180 Mae Anne Ave. Ste 1 Reno, NV 89523
Phone Number: 775-324-4008 Email: brookhollinger@sbcglobal.net

I. Location and Address of the continuing education program: _____
online

II. Please fill out below:

Name of Instructor(s)	Degree of Instructor(s)	Date	Time: From To	CE Hours	Title of Course
Yvonne Farrell	LAC	12/6/16	online	10	A Spirit at Rest: Treating Sleep Disorders with Chinese Medicine

- III. One application per course must be submitted for review and approval.
- IV. Supporting documentation must include: all material relating to the course, including, without limitation, written material to be provided to a licensee attending the course; and
- V. The fee required pursuant to NAC 634A.165 of \$100 (per course).
- VI. The Board recommends including also a syllabus for the course in addition to a curriculum vitae for the instructor(s).
- VII. If the Board approves a course of continuing education pursuant to NAC 634A.137, the Board will determine the number of hours of continuing education that a licensee may receive for attending the course.

I swear that the above statement is nothing but true.

Signature of the Applicant or Representative of Entity: [Signature]
Date: 11/27/16 Name: Brook Hollinger, OMD





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A SPIRIT AT REST: TREATING SLEEP DISORDERS WITH CHINESE MEDICINE

Yvonne Farrell

Type: Video Course

CEU/ PDA's: 10

Approved: Acupuncture New Zealand (AcNZ), Alberta, Australia (AACMA), British Columbia Naturopathic Association (BCNA), California, College of Naturopaths of Ontario, CTCMA, Florida, Illinois, Massachusetts, NCCAOM, New Zealand Acupuncture Standards Authority (NZASA), Ontario (CTCMPAO), Texas

This Course Includes: Acupuncture, Herbology, TCM Theory

This Course is: iPad Friendly, Mobile Friendly



\$250.00
(\$250.00)


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Course Preview

Pro D Seminars - Previews of A Spirit at Rest: Treating Sleep Disorders with Chinese Medicine with Yvonne Farrell



A Spirit at Rest

Sleep Disorders in Chinese Medicine
Part 1
Yvonne R. Farrell, DAOM, LAc

 SEMINARS

According to the NIH (National Institute of Health), "Sleep loss and sleep disorders are among the most common yet frequently overlooked and readily treatable health problems. It is estimated that 50 to 70 million Americans chronically suffer from a disorder of sleep and wakefulness, hindering daily functioning and adversely affecting health and longevity. (NHLBI, 2003). Failure to recognize sleep problems not only precludes diagnosis and treatment—it also precludes the possibility of preventing grave public health consequences."

This course will cover both the TCM and biomedical understanding of the physiology of sleep.

- Phases of sleep
- The yin and yang of restorative sleep
- The 5 spirits and their relationship to sleep
- Sleep hygiene

We will investigate the use of acupuncture and herbal formulations for the major pathologies of sleep including:

- Insomnia
- Parasomnias (sleep-walking, sleep-talking, sleep paralysis, night terrors)

Texas Details

General Acupuncture:
8.00

Herbal: 2.00

NCCAOM Details

Core Knowledge, Skill, Ability: 10.00

Massachusetts Details

Number of Core Credits that are Herbal Knowledge: 2.00

Florida

General CEUs: 10.00

California

California: Category 1

- Sleep apnea
- Circadian rhythm disorders
- Restless leg
- Hypersomnia

Learning Objective

Students will have a deeper understanding of the nature and importance of healthy sleep. They will be able to recognize pathologies of sleep and the patterns associated with them. They will explore several different approaches to the treatment of these disorders.

Course Outline:

Introduction and overview. Personal and public health impact of lack of sleep.

Biomedical view of sleep. Stages of sleep, TCM view of sleep, 5 spirits

Pathologies of Sleep:

Insomnia: patterns symptoms, acupuncture and herbal formulations

Circadian Rhythm disorders: symptoms and treatments

Parasomnias: definitions, symptoms and treatment approaches based on insomnia patterns

Sleep paralysis: symptoms and treatments

Bruxism: symptoms and treatments

Restless Leg Syndrome: symptoms and treatments

Hypersomnias: pattern differentiation, symptoms and treatment

Breathing related sleep disorders: Obstructive sleep apnea, snoring

Conclusions, questions and answers

For more assistance or information on ProD Seminars courses please visit our [FAQ](#)

Recorded Online Courses: Effective January 29, 2014, we are proud to offer you 2 years of access to your online courses. All courses purchased beginning January 29, 2014, will automatically have a 2-year time limit to be completed for CEU/PDA/CPDs and you will have unlimited, lifetime access to your purchased course materials for reference and reviewing purposes.*

Live Webinars: stream on the above posted date. Following the live webinar you will have access to the recording for 2 years and you will have unlimited, lifetime* access to your purchased course materials for reference and reviewing purposes. You must be online during live webinar for Live CEUs. If you miss live stream and watch recording you can receive distant learning CEUs. Following the live webinar please complete the course assessments for certificate of completion.*

**learn more about ProD Seminars lifetime course policy*

YVONNE FARRELL



Dr. Farrell has been involved in helping others to restore balance in their lives for 24 years. In 1996, she graduated from Emperor's College with a Master's in Chinese Medicine. She has been in private practice since 1997. She was a member of the faculty at Emperor's College for 13 years. In addition to her faculty duties at Emperor's, Yvonne was also a clinical supervisor.

Specializing in the use of the Secondary Vessels in treatment, Yvonne has been teaching channel theory to students for many years. She has developed proficiency with these systems because she feels they are very effective in the treatment of psycho-emotional and psycho-spiritual disorders.

Yvonne directs her teaching towards the empowerment of students with the hope that they will embody the spiritual aspects of Chinese Medicine and make them their own. She believes that self-cultivation & self-knowledge are essential in developing capacity as a practitioner of Chinese Medicine. To that end, she has also been on the leadership teams of many spiritual retreats and self-empowerment workshops.

In addition to teaching in the master's programs of two schools, Dr. Farrell has been teaching CEU courses for several years. Her courses are lively, informative and clinically relevant. She is very passionate about the medicine and that is apparent in her teaching.

Yvonne received her doctoral degree (DAOM) from Emperor's College in 2007. In 2009-2010 Yvonne was the Director of a team that was responsible for getting Yo San University's first DAOM program up and running.

Although she has a general practice, her specialties include the treatment of psycho-emotional disorders or stress induced illness.

Yvonne Farrell

Customers who bought this product also bought

 <p>Treating Therapy-Resistant Chronic Pain with Auricular Medicine David Maybee CEU/PDA's: 4 \$99.00 (\$99.00)</p>	 <p>After Birth- Supporting the Post Partum Period with Acupuncture, Herbs and... Laura Erlich CEU/PDA's: 6 \$95.00 (\$95.00)</p>	 <p>Medical Errors Prevention: Increasing Safety, Decreasing Risk Amy Sear CEU/PDA's: 2 \$50.00 (\$50.00)</p>	 <p>The Treatment of Menopause using Chinese Herbal Formulas Dagmar Ehling CEU/PDA's: 3 \$75.00 (\$75.00)</p>
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Yvonne Farrell Acupuncture New Zealand (AcNZ) Alberta Australia (AACMA) British Columbia Naturopathic Association (BCNA) California College of Naturopaths of Ontario CTCMA Florida Illinois Massachusetts NCCAOM New Zealand Acupuncture Standards Authority (NZASA) Ontario (CTCMPAO) Texas iPad Friendly Mobile Friendly Acupuncture Herbology TCM Theory Insomnia & Mental health Classical Chinese Medicine New Releases Video Course
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Comments

I learned a lot

I learned a lot, especially with extra points, patterns of sleep disorders, and order to needle ~ Jessica

Login or register to post comments

excellent experience

This is the first course I have taken with ProD Seminars and it was an excellent experiences. Yvonne was such a great speaker and was able to hold my attention and keep the content interesting throughout the entire course. I learned so much about insomnia and TCM treatments. I am excited to apply my new found knowledge to my practice. ~ Amanda

Login or register to post comments

awesome seminar !

Thank You for another awesome seminar ! ~ Lauren

Login or register to post comments

She's an amazing instructor!

She's an amazing instructor! The information is put together in a useful way that keeps it interesting. ~ Kelly

Login or register to post comments

Great course!

Great course! My first with Yvonne. I'm inspired to learn more about channel theory and take more of her courses. ~ Karen

Login or register to post comments

#17

Brian Sandoval, Governor



Maggie Tracey, O.M.D., President
Vince Link, O.M.D., Vice President
Lisa Mathews, O.M.D., Secretary/Treasurer
Fely Quitevis, Member
Abraham Jim Nagy, MD, Member
Merle Lok, Executive Director

NEVADA STATE BOARD OF ORIENTAL MEDICINE
APPLICATION FOR CREDIT APPROVAL OF CONTINUING EDUCATION
Pursuant to NAC 634A.137

Name of Applicant or Entity: Joseph Rueckl
Address: 520 mt Rose st, Reno NV 89509
Phone Number: 775-329-5100 Email: JoeyRueckl@gmail.com

I. Location and Address of the continuing education program: 5 branches University
1885 Lundy Ave suite 108 san Jose 95131

II. Please fill out below:

Name of Instructor(s)	Degree of Instructor(s)	Date	Time: From To	CE Hours	Title of Course
Feng Ninghan	OMD L.Ac	10-14-16 10-15-16 10-16-16 10-17-16	9-5 9-5 9-5 9-5	32	Yi Jing Time medicine on Acupuncture Treatment

- III. One application per course must be submitted for review and approval.
- IV. Supporting documentation must include: all material relating to the course, including, without limitation, written material to be provided to a licensee attending the course; and
- V. The fee required pursuant to NAC 634A.165 of \$100 (per course).
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I swear that the above statement is nothing but true.

Signature of the Applicant or Representative of Entity: JR
Date: 1-2-17 Name: Joseph Rueckl



**F i v e
B r a n c h e s
U N I V E R S I T Y**

C E R T I F I C A T E O F C O M P L E T I O N

This is to certify that
JOSEPH RUECKL

NEVADA # 1039

Has completed 8 hours of approved continuing education in

Application of Yi Jing Time Medicine on Acupuncture Treatment part 1 of 4

Completed on October 14, 2016

Instructor's Signature:

Date: 10/17/2016

Provider's Signature:

Date: 10/17/2016

California Provider Number: 049

BRN Provider Number: 11780

NCCAOM Provider Number: ACHB 170

Acupuncturists are required to keep this certificate for a minimum of four (4) years.



**F i v e
B r a n c h e s
U N I V E R S I T Y**

C E R T I F I C A T E O F C O M P L E T I O N

This is to certify that
JOSEPH RUECKL

NEVADA # 1039

Has completed 8 hours of approved continuing education in

Application of Yi Jing Time Medicine on Acupuncture Treatment part 2 of 4

Completed on October 15, 2016

Instructor's Signature:

Date: 10/17/2016

Provider's Signature:

Date: 10/17/2016

California Provider Number: 049

BRN Provider Number: 11780

NCCAOM Provider Number: ACHB 170

Acupuncturists are required to keep this certificate for a minimum of four (4) years.



**F i v e
B r a n c h e s
U N I V E R S I T Y**

C E R T I F I C A T E O F C O M P L E T I O N

This is to certify that
JOSEPH RUECKL

NEVADA # 1039

Has completed 8 hours of approved continuing education in

Application of Yi Jing Time Medicine on Acupuncture Treatment part 3 of 4

Completed on October 16, 2016

Instructor's Signature:

Date: 10/17/2016

Provider's Signature:

Date: 10/17/2016

California Provider Number: 049

BRN Provider Number: 11780

NCCAOM Provider Number: ACHB 170

Acupuncturists are required to keep this certificate for a minimum of four (4) years.



**F i v e
B r a n c h e s
U N I V E R S I T Y**

C E R T I F I C A T E O F C O M P L E T I O N

This is to certify that

JOSEPH RUECKL

NEVADA # 1039

Has completed 8 hours of approved continuing education in

Application of Yi Jing Time Medicine on Acupuncture Treatment part 4 of 4

Completed on October 17, 2016

Instructor's Signature:

Date: 10/17/2016

Provider's Signature:

Date: 10/17/2016

California Provider Number: 049

BRN Provider Number: 11780

NCCAOM Provider Number: ACHB 170

Acupuncturists are required to keep this certificate for a minimum of four (4) years.

十二消息卦针灸法

12 Xiao-Xi hexagram acupuncture

冯宁汉 Feng Ninghan

针灸治疗系统中有一个纳支法，将十二经配合十二时辰作为经络的基础理论，把它运用于针灸临床上尚需要加入其他的内容。把十二时辰和任督脉结合在一起，同时加入十二消息卦，这样形成的治疗理论系统，将有助于临床治疗实践的手段拓宽，把它命名为十二消息卦针灸法。它的特征是将卦象、时间、经络、脏腑、部位等等要素均容纳在一个系统之中，使用临床具有较广的适应性。

There is a method named Na-Zhi method in acupuncture therapy. However, Na-Zhi method only use the combination of 12 meridians theory and 12 Chinese-hour theory, making itself less used in the clinic. On the other hand, when 12 Chinese-hour theory, Ren-Du meridian theory and 12 Xiao-Xi hexagram theory they all combined into one system, namely 12 Xiao-Xi hexagram acupuncture therapy, its clinical indication is expanded. 12 Xiao-Xi hexagram acupuncture therapy include hexagram, timing, meridians, organs and local acu-sites into a single system, indicating a more universal application.

第一节 十二消息卦

Section 1 12 Xiao-Xi hexagrams

从六十四卦中的乾坤二卦开始，阴阳互为增减，形成十二消息卦。阳长为消；阴长为息。它们是：坤卦，复卦，临卦，泰卦，大壮卦，夬卦，乾卦，垢卦，遯卦，否卦，观卦，剥卦。十二消息出自于《周易参同契》是将它们与十二地支配合用以表达天以及人的能量的变化规律的。现在把它们分别与时间、穴位、九宫等配合在一起。形成本法的主要内容。每一个六爻卦，从初爻至六爻。用一个爻判断此卦的阴阳多寡，用二个爻从四象立论，判断太阴，太阳，少阴，少阳。不同。用三个爻可以判断不尽相同的八卦。阴阳，四象，八卦既是时间的概念，也是空间的概念。每一个概念都可以作为治疗的基本考虑。

2 trigrams, namely Qian and Kun, is the beginning of the whole 64 hexagrams. Yin and Yang interacts each other and generate 12 Xiao-Xi hexagrams. Xiao means Yang prevails, while Xi means Yin predominates. 12 Xiao-Xi hexagrams include: Kun, Fu, Lin, Tai, Da Zhuang, Guai, Qian, Gou, Dun, Pi, Guan, and Bo. 12 Xiao-Xi hexagrams has been firstly seen in *Zhou Yi Can Tong Qi*, and when combined with the 12 Earthly Branches, it can reflect the changing law of both the nature and the energy of humans. 12 Xiao-Xi hexagrams, when combined respectively with timing, acupoints, and nine palaces, can form into a system which I will explain later in detail. Every hexagrams have 6 lines, from the first line to the last line. While 1 line can be used to decide the hexagrams Yin-Yang nature; 2 other lines to make a decision based on 4 phenomena theory; the rest 3 lines to discriminate 8 different trigrams. Yin and Yang, four phenomena, and eight trigrams are not only concepts for either time or space, but also basic points from which physicians can start to think about the treatment in the clinic.

一) 乾 (qian) 卦 (天)

The Qian Hexagram (Heaven)

上乾下乾

Qian on the upper and Qian on the lower



卦辞：元 亨 利 贞。

Hexagram statement: originating, penetrating, advantageous, and firm.

特点：刚健积极。全卦均为太阳。五太阳。四乾卦。天是万物的开始，是根源，通行无限，祥和有益，一切都正圆，纯正。

Defining feature: firm and positive. A Tai-yang hexagram. 5 Tai-yang; 4 Qian hexagrams. Heaven equals either beginning or root, indicating a smooth and beneficial start against a perfect circular and purely-upright background.

对应时间：阴历四月，巳时，立夏、小满。

Related time: lunar 4th month, Si-hour (9am to 11am), Li-xia (start of summer), Xiao-man (grain full)

全卦纯阳无阴，再过一点即有阴生。人生的盛壮时期，犹如中午的太阳，亦同人体的头部顶点部位。

A pure Yang hexagram. If Yang get more excessive then Yin will appear. The mature stage of humans, the noon stage of sun, and the top position of the body.

九宫部位：九

Nine palace location: 9

代表穴位：百会穴

Characteristic point: Bai-hui (GV20)

治疗疾病：主头风中风，言语蹇涩，口噤不开，偏风半身不遂，心烦闷，惊悸健忘，忘前失后，心神恍惚，无心力，痲症，脱肛，风痲，青风，心风，角弓反张，羊鸣多哭，语言不择，发时即死，吐沫，汗出而呕，饮酒面赤，脑重鼻塞，头痛目眩，食无味，百病皆治。

Diseases: stroke, slow speech, locked jaws with no power to speech, hemiplegia, palpitation with chest oppression, loss of memory, wandering mind, weakness due to heart-qi deficiency, malaria, rectal prolapse, epilepsy, opisthotonos, frequent crying and throat noise, uncontrollable use of obscene language, foaming at mouth, sweating with vomiting due to convulsion; facial redness, head heaviness and nasal obstruction due to alcohol; headache, dizziness, loss of taste sensation and all other diseases.

二) 姤 (gou) 卦

The Gou Hexagram

上乾下巽

Qian on the upper and Xun on the lower

Remaining pages redacted
due to volume but they
are available upon request.

#18

Pacific Symposium, LLC

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619-574-6909

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Certificate of Participation

This verifies that

Michel Herskovitz

NCCAOM® License #: 5539, 1035 (NV)

is awarded

30 PDA Points

For participating in the Live Presentation

Pacific Symposium

October 25 - November 1, 2016

NCCAOM® Program Approval Dates: 10/25/2016 through 11/1/2016



PDA Points / NCCAOM® Recertification Categories:

Core Competency (Required for Recertification)

- 25.5 AOM-BIO (AOM and Biomedicine)
 SA (Safety)
 ET (Ethics)
 CPR

Professional Enhancement

- 1.5 PE-C (Coursework)
3 PE-A (Coursework)

A handwritten signature in black ink that reads "Jack Miller, L.Ac." written over a horizontal line.

Jack Miller
President

NCCAOM® PDA Provider-Course #: 1282-3

For NCCAOM® recertification, this document should be retained for a minimum of four years.
Diplomates are advised to check with their state Acupuncture Board for re-licensing requirements.

Pacific Symposium 2016: NCCAOM PDA Audit Form

To validate your attendance and receive the *NCCAOM Certificate of Participation*, initial the courses you attend and return this form to the Registration Desk before you leave the Symposium.

STEPS: (1) Circle the Points and sign your name for each class you attended. (2) Add up the CATEGORY Points you attended at the bottom of each column for each page.

(3) On the second page, add up the totals from page 1 and 2. (4) Add up the TOTAL number of PDA Points and enter it in the last box.

Date & Time	Course Title	Instructor	NCCAOM PDA Category			Signature to Verify Attendance
			AOM-BIO <small>Acupuncture & Oriental Medicine Western Medicine</small>	PE-C <small>Professional Enhancement Coursework</small>	PE-A <small>Professional Enhancement Activity</small>	
Tuesday, October 25 - Wednesday, October 26, 2016						
9:00am - 5:00pm	Gua Sha Practicum	Arya Nielsen	14			
9:00am - 5:00pm	Managing Difficult or Non-Responsive Cases: Topics in Gynecology and Aging	Janet Zand/Jake Fratkin	14			
Thursday, October 27, 2016						
7:00am - 7:50am	Hun Yuan Primordial Qigong	Bill Helm			1	
9:00am - 9:50am	Integration in Action: Acupuncture's Impact on Stroke Rehabilitation	Claudia Cilkovitz	1			<i>[Signature]</i>
9:55am - 10:45am	Acupuncture Therapy and Changing National Policy: 'Evidence-Informed Non-Pharmacologic Strategy' for Pain and the Opioid Epidemic	Arya Nielsen	1			<i>[Signature]</i>
11:10am - 12:00pm	Insomnia and the Modern World: the Impact of a Modern Lifestyle on Sleep	Hamid Montakab	1			<i>[Signature]</i>
12:15pm - 1:05pm	Hun Yuan Primordial Qigong	Robert Nations			1	<i>[Signature]</i>
2:00pm - 5:00pm	Priorities and Treatment Planning for Acute and Chronic Stroke	Claudia Cilkovitz	3			
	Insomnia: Diagnosis and Treatment based on the Extraordinary Vessels	Hamid Montakab	3			
	Acupuncture Therapy for Pain in Underserved Populations: Strategy, Research and Challenges	Arya Nielsen	3			
	The 60-Year Cycle: Understanding the Qi of the Year and its Clinical Implications	Wendy Goldman	3			
	Enhancing Life with Chinese Medicine	Greg Bantick	3			<i>[Signature]</i>
7:30pm - 9:00pm	The Science, Data, and Indications for Medical Cannabis	Brian Lawenda		1.5		<i>[Signature]</i>
Friday, October 28, 2016						
7:00am - 7:50am	Hun Yuan Primordial Qigong	Bill Helm			1	
9:00am - 9:50am	The Diagnostics of Classical Five Element Acupuncture	Neil Gumenick	1			<i>[Signature]</i>
9:55am - 10:45am	Simplified Pulse and Tongue Diagnosis for All GI Patterns	Jake Fratkin	1			<i>[Signature]</i>
11:10am - 12:00pm	An Introduction to the Concept of Chrono-Herbalism of the Shanghai Lun	Arnaud Versluys	1			<i>[Signature]</i>
12:15pm - 1:05pm	Hun Yuan Primordial Qigong	Robert Nations			1	<i>[Signature]</i>
2:00pm - 5:00pm	Five Element Acupuncture: Detecting and Resolving Energetic Blocks	Neil Gumenick	3			
	Building Immune Function and Bone Marrow Following Medical Intervention	Jake Fratkin	3			
	The Concept of Time in the Shanghai Lun: Chrono-Herbalism	Arnaud Versluys	3			
	How's Your Sleep? Chinese Medicine for a Good Night	Holly Guzman	3			<i>[Signature]</i>
	Integrative Pain Management: Optimizing US Pain Care Through Traditional Chinese Medicine, Acupuncture and Global Health Models	Robert Bonakdar	3			
7:30pm - 9:00pm	Keynote: Global Acupuncture for Trauma Healing	Diana Fried	1.5			<i>[Signature]</i>
Please PRINT legibly.			Page 1 Totals			Total PDA Points - Page 1
Print Name:	Michel Herskovitz		AOM-BIO	13.5		17
Address:	356 Sweet Pea Arbo		PE-C		1.5	
City, State, ZIP:	Las Vegas, NV 89144		PE-A <small>(Max 4 Pts)</small>		2	
Phone:	702 838-8383					
Email:	513 Michel@gmail.com					
NCCAOM Cert. No.:	5539		Complete contact information and tally PDA Points - total Points on the other side.			
			1035 (NV)			

*Don't have the number with me
It's on my registration*

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(3) On the second page, add up the totals from page 1 and 2. (4) Add up the TOTAL number of PDA Points and enter it in the last box.

Date & Time	Course Title	Instructor	NCCAOM PDA Category			Signature to Verify Attendance
			AOM-BIO Acupuncture & OM Biomedicine	PE-C Professional Enhancement Coursework	PE-A Professional Enhancement Activity	
Saturday, October 29, 2016						
7:00am - 7:50am	Hun Yuan Primordial Qigong	Bill Helm			1	
9:00am - 9:50am	Fire and Ice	Matt Callison	1			<i>[Signature]</i>
9:55am - 10:45am	Breast Health and Chinese Medicine	Jill Blakeway	1			<i>[Signature]</i>
11:10am - 12:00pm	Intro to Kiiko Matsumoto Style (KMS) Acupuncture: Never Ignore an Appendix or Gallbladder Scar	Monika Kobylecka	1			<i>[Signature]</i>
12:15pm - 1:05pm	Hun Yuan Primordial Qigong	Robert Nations			1	<i>[Signature]</i>
2:00pm - 5:00pm	The Anatomy of the Sinew Channels (JingJin)	Matt Callison/Brian Lau	3			<i>[Signature]</i>
	The Five Stagnations in Gynecology: Using Chinese Medicine to Address PMS, Endometriosis, PCOS, PID, and Hypothalamic Amenorrhea	Jill Blakeway	3			
	The Essentials of Treating Common Scars Using Kiiko Matsumoto Style (KMS) Acupuncture	Monika Kobylecka	3			
	Liu Family Tui Na: An Introduction to the Unique Arts and Techniques	Dong Ji		3		
	How to Practice Acupuncture for Trauma Healing in Disasters and Community Service Clinics	Diana Fried/Carla Caslar	3			
Sunday, October 30, 2016						
7:00am - 7:50am	Hun Yuan Primordial Qigong	Bill Helm			1	
9:00am - 9:50am	Introduction to Chronic Conditions and the Dorsolateral Prefrontal Cortex	Kiiko Matsumoto	1			<i>[Signature]</i>
9:50am - 10:45am	Advanced Acupuncture Techniques: Jumping Muscle Qi	Biao Lu	1			<i>[Signature]</i>
11:10am - 12:00pm	Sexual Behavior, Practices, and TCM for Fertility	Felice Dunas	1			<i>[Signature]</i>
12:15pm - 1:05pm	Hun Yuan Primordial Qigong	Robert Nations			1	
2:00pm - 5:00pm	Sex, Love, and Infertility Care	Felice Dunas	3			<i>[Signature]</i>
	Chronic Conditions and the Dorsolateral Prefrontal Cortex	Kiiko Matsumoto	3			
	Advanced Acupuncture Techniques: Warming and Cooling	Biao Lu	3			
	Heart-Brain Harmonics: The Ko Cycle's Water-Fire Relationship in Our Well-Being	David Ford	3			
Monday, October 31, 2016						
9:00am - 5:00pm	Kiiko Matsumoto Style: Treatment of the DLPFC and Chronic Conditions	Kiiko Matsumoto	7			
Monday, October 31 - Tuesday, November 1, 2016						
9:00am - 5:00pm	Clinical Applications of Face Reading: Diagnosing and Monitoring Treatment from Facial Signs	Lillian Bridges	14			
9:00am - 5:00pm	Common Sports Injuries and Pain Syndromes and their Assessment and Treatment Protocols	Whitfield Reaves	14			
Print Name:	<i>Michel Herskovitz</i>	Page 2 Totals				TOTAL PDA Points Earned
		AOM-BIO	12			
Signature:	<i>[Signature]</i>	Page 1 + 2 Totals				30 pts
		AOM-BIO	25.5	1.5		

Return this form to the Registration Desk before you leave the Symposium.
The NCCAOM Certificate of Participation will be emailed to you within 3 to 4 weeks.

THURSDAY October 27

Daily Exercise

Hun Yuan Primordial Qigong *by Bill Helm and Robert Nations*

1 Daily, 7:00-7:50 am and 12:15-1:05 pm
CEU/PDA

Regular practice of qigong exercises enables you to practice your healing craft more effectively and prevents depletion and injury. These exercises are very powerful and easy to learn and practice.

Integration in Action: Acupuncture's Impact on Stroke Rehabilitation *by Claudia Citkovitz*

1 Thursday, October 27, 9:00-9:50 am
CEU/PDA

Patients recovering from stroke show a staggering variety of symptoms, from disabling motor and speech deficits to subtle perceptual and emotional changes. Acupuncture can help greatly, but many practitioners are unable to treat patients and loved ones acutely due to doctors' concerns (or their own). In this class, Citkovitz demystifies the potentially intimidating interface between East Asian and Western medical diagnosis and treatment. Drawing on her recent PhD research, she explores questions such as: how can we feasibly incorporate acupuncture into post-stroke care, and what effects should we expect in which patients? Which arguments regarding safety and efficacy will be most persuasive to physicians? How soon should we treat, how often, and how can we make treatment financially workable for elderly patients on a fixed income?

Acupuncture Therapy and Changing National Policy: 'Evidence-Informed Non-Pharmacologic Strategy' for Pain and the Opioid Epidemic *by Arya Nielsen*

1 Thursday, October 27, 9:55-10:45 am
CEU/PDA

In 1999, the Veterans Administration declared pain the 'fifth vital sign'; in 2000 the Joint Commission created a pain mandate that required patients to rate their pain on a scale of 1-10 and be involved in a strategy to manage that pain. Pharmaceutical companies overrepresented the need for opioids and misrepresented time release opioids as non-addictive. By 2008, an American was as likely to die from a prescription opioid overdose as either suicide or a motor vehicle accident. The CDC has declared an opioid epidemic in the US. This talk will describe how a national pain policy set the stage for the opioid epidemic and now how evidence for nonpharmacologic therapies has led to a change in national policy by the Joint Commission, clarifying that non-pharm therapies, including acupuncture therapy, are viable options in the treatment of pain.

Insomnia and the Modern World: The Impact of a Modern Lifestyle on Sleep *by Hamid Montakab*

1 Thursday, October 27, 11:10 am-12:00 pm
CEU/PDA

Sleep is a necessity, and a third of our lives is spent sleeping. Sleep disorders of all kinds, insomnia in particular, are rapidly becoming a concern in modern industrialized societies, now affecting 30 to 40% of the population. Inadequate treatment of insomnia can easily transform someone who occasionally sleeps poorly into a chronic insomniac who, quite often, will become dependent on the regular use of medication. This lecture will analyze the primary causes of insomnia from the perspective of wei-defensive qi, blood, yin, and shen-mind. The detrimental effects that modern lifestyles have on these substances, and the subsequent consequences for sleep, producing insomnia, dream disturbances, and various types of parasomnia and sleep apnea, will be examined. Therapeutic guidelines will also be explored.

Priorities and Treatment for Acute and Chronic Stroke *by Claudia Citkovitz*

3 Thursday, October 27, 2:00-5:00 pm
CEU/PDA

In this course, students will learn how to use a manual for systematically assessing and prioritizing the multiple overlapping 'patterns of disharmony' that commonly present in acute and chronic stroke care. Developed for both research and clinical work, the manual provides for practitioner discretion within an evidence-informed structure that allows multiple acupuncturists to provide a consistent, cohesive, and personally appropriate plan of care. Guidelines for prioritized assessment and treatment include: blood pressure, cognitive function, retention or incontinence of bowels and/or urine, constitutional factors such as phlegm, blood stasis, heat and cold, speech, swallowing, balance, and upper and lower extremity motor function. The class concludes with a

Insomnia: Diagnosis *by Hamid Montakab*

3 Thursday, October 27, 11:10 am-12:00 pm
CEU/PDA

Proper sleep is indispensable to health. The rhythm, is an excellent and depth of sleep are analysis reflects upon primarily categorized has been proposed from is important to adapt the lecture will present a the extraordinary vessel

Acupuncture The Research and Clinical *by Claudia Citkovitz*

3 Thursday, October 27, 11:10 am-12:00 pm
CEU/PDA

Acupuncture therapy is done to make integrative This talk will discuss the to make acupuncture the pain, accessible to under

The 60-Year Cycle *by Wendy Goldman*

3 Thursday, October 27, 11:10 am-12:00 pm
CEU/PDA

2016 is the Year of the and affects all of us, si organs, emotions, and heaven and earth qi for people during each time what herbs we will need and year. Students will month, and how to prepare the year and the seasons

Enhancing Life with *by Claudia Citkovitz*

3 Thursday, October 27, 11:10 am-12:00 pm
CEU/PDA

Clinic practice often focuses understanding and appropriate cultivate positive states. needs, and healthy relationships This course is a practical prescription of points, he ideas on how all states, at seeing the conditions more likely to lead to positive worldviews may condition themselves conditions th

The Science, Data *by Brian Lawenda*

1.5 Thursday, October 27, 11:10 am-12:00 pm
CEU/PDA

If you are hearing more about cannabinoids, you are science, and indications

Insomnia: Diagnosis and Treatment Based on the Extraordinary Vessels

by *Hamid Montakab*

3
CEU/PDA

Thursday, October 27, 2:00-5:00 pm

Proper sleep is indispensable to health. The sleep/wake cycle, as the most important human circadian rhythm, is an excellent indicator of the internal equilibrium and of health. In a state of health, the length and depth of sleep are adapted to activity by internal "synchronizers", the "extraordinary vessels". Sleep analysis reflects upon the internal balance of the five substances and the ten organs. Insomnia has been primarily categorized in TCM based on zang-fu and substance disharmony patterns, but no classification has been proposed from a classical Chinese acupuncture perspective. For the best therapeutic results, it is important to adapt the acupuncture protocol to each person and to the disturbed segment of sleep. This lecture will present a brief review of sleep physiology and structure from a channel perspective, the role of the extraordinary vessels, discussion about diagnosis, and treatment protocols based on the channel system.

Acupuncture Therapy for Pain In Underserved Populations: Strategy, Research and Challenges

by *Arya Nielsen*

3
CEU/PDA

Thursday, October 27, 2:00-5:00 pm

Acupuncture therapy is sometimes considered accessible only to patients with means. What work is being done to make integrative medicine, 'evidence informed non-pharmacologic therapies', accessible to the poor? This talk will discuss the background, strategy, and specific research projects whose aims and rationale are to make acupuncture therapy, already proven safe and an effective and feasible treatment option for chronic pain, accessible to underserved populations in poor urban settings.

The 60-Year Cycle: Understanding the Qi of the Year and its Clinical Implications

by *Wendy Goldman*

3
CEU/PDA

Thursday, October 27, 2:00-5:00 pm

2016 is the Year of the Fire Monkey. What exactly does that mean? The energy of every year is different and affects all of us, since it represents the energies of heaven and earth. It influences weather, internal organs, emotions, and health. By understanding the 60-year cycle, and the interactions between heaven and earth qi for any given year or season, we know what kinds of health conditions will affect people during each time period and are thus better prepared to treat our patients. We can easily know what herbs we will need, and which patients will have more potential health problems in each season and year. Students will learn the basic energetic implications on health of any given year, season, and month, and how to prepare, adjust treatment plans, and educate patients about prevention issues for the year and the season.

Enhancing Life with Chinese Medicine

by *Greg Bantick*

3
CEU/PDA

Thursday, October 27, 2:00-5:00 pm

Clinic practice often focuses on treating disease and distress, but our medicine also offers insight into understanding and appreciating our lives more fully. It can help our patients and ourselves identify and cultivate positive states. Ease, satisfaction, contentment, a clear sense of direction, kindness, knowing our needs, and healthy relationships all arise out of a friendly, kind, and curious relationship with suffering. This course is a practical exploration using detailed case histories, from initial meeting and diagnosis to the prescription of points, herbs, diet, lifestyle suggestions, and follow-ups. Students will review early textual ideas on how all states, moods, and symptoms arise from causes and conditions. Practitioners are often good at seeing the conditions leading to patients' symptoms, but they can use the same skills to see the conditions more likely to lead to positive moods and symptoms. Students will review how their inner states, beliefs, and worldviews may condition their patient-practitioner relationships, and how clinics and business practices are themselves conditions that influence their work that can lead to more effective and satisfying clinic work.

The Science, Data, and Indications for Medical Cannabis

by *Brian Lawenda*

1.5
CEU/PDA

Thursday, October 27, 7:30-9:00 pm

If you are hearing more interest from your patients and the community about medical cannabinoids, you are not alone. This course will introduce you to the latest data, science, and indications for this ancient botanical medicine. Learn how to better counsel your patients on cannabinoids.



FRIDAY October 28

The Diagnostics of Classical Five Element Acupuncture *by Neil Gumenick*

1 Friday, October 28, 9:00-9:50 am
CEU/PDA

This one-hour course will introduce the concept of Causative Factor: the primary elemental imbalance with which every human being is born. This imbalance is the root cause of a patient's physical, mental, and spiritual problems and becomes the focus of treatment in this system of medicine. You will learn the diagnostic correspondences of each of the Five Elements and how, by assessing the patient's odor, color, sound, and emotion, the Causative Factor is identified and treated. In this way, symptoms at every level are healed naturally—from the inside out.

Simplified Pulse and Tongue Diagnosis for All GI Patterns *by Jake Fratkin*

1 Friday, October 28, 9:55-10:45 am
CEU/PDA

The relationship between liver, stomach, and spleen determines almost all gastrointestinal disorders. The specific patterns can be determined by simple relationships, focusing on excess and deficient conditions of these three zang-fu. Elaboration of the pattern can be obtained from the tongue. In this short presentation, Fratkin will share his 38 years of clinical experience to show how to accurately differentiate the various patterns causing conditions such as acid reflux, nausea, irritable bowel syndrome, abdominal distension, weight problems, constipation, and diarrhea. Accurate differentiation leads to the correct choice of herbal ingredients or formulas. The secret is in understanding the energetic relationships of liver, stomach, and spleen.

An Introduction to the Concept of Chrono-Herbalism of the Shang Han Lun *by Arnaud Versluys*

1 Friday, October 28, 11:10 am-12:00 pm
CEU/PDA

This course will continue to build on Versluys' Symposium workshop from last year, expanding upon the topic of chrono-herbal medicine: a way of understanding the conformations and the formulas that rectify their imbalances, from the perspective of times of the day and the year, with the Shang Han Lun as a primer.

Building Immune Function and Bone Marrow Following Medical Intervention *by Jake Fratkin*

3 Friday, October 28, 2:00-5:00 pm
CEU/PDA

The course focuses on enhancing immune function and bone marrow health following Western medical interventions with Chinese herbal formulas. Adverse medical interventions include chemotherapy, radiation, medications following organ transplant, and medications for autoimmune disease or hypertension that impact marrow health. Discussion will include diagnosis and treatment according to Western medicine and how these interventions affect health according to the TCM model. Successful herbal strategies from China will be analyzed, and both custom formulas and available herbal products will be discussed. It is particularly applicable for patients receiving or finishing chemotherapy and radiation therapy.

The Concept of Time in the Shang Han Lun: Chrono-Herbalism *by Arnaud Versluys*

3 Friday, October 28, 2:00-5:00 pm
CEU/PDA

The Han-dynasty Shang Han Lun, or Treatise on Cold Damage, explains the interaction between changes in weather patterns and the human body. These patterns are subject to the natural rhythms of day and night or the sun and moon, the five seasons, and the movement of six constellations. Fusing the systems of yin and yang, and five phases, allows the Shang Han Lun practitioner to the nature of the six qi, which vary by the day but can be predicted. The Shang Han Lun's system of six conformations differentiation allows one to identify which external atmospheric qi the patient's body is unable to maintain harmony with and therefore which is causing the illness.

Five Element Acupuncture: Detecting and Resolving Energetic Blocks *by Neil Gumenick*

3 Friday, October 28, 2:00-5:00 pm
CEU/PDA

This course will explain how to identify and remove specific (and sometimes lethal) energetic blocks which, unless resolved, can prevent any treatment from being effective. These include Possession, Aggressive Energy, Husband/Wife Imbalance, and Entry/Exit blocks. Regardless of the style of acupuncture practiced, removing these blocks is a vital first step in recovering the health, balance, and well-being of patients. This knowledge will, in many cases, literally save lives, and "free up" those patients with whom you seem to be "stuck."

How's Your Sleep?

3 Friday, October
CEU/PDA

Sleep is an issue that our medicine are intriguingly rested all suggest different and supplements, explore histories. For instance, it by restoring tone in the s

Integrative Pain Management in Chinese Medicine

3 Friday, October
CEU/PDA

This course will assess the how the TCM and acupur Bonakdar will share a glori identify examples of optir implement strategies to tr

Keynote Address

Global Acupuncture
by Diana Fried

1.5 Friday, October
CEU/PDA

This keynote will explore trauma in the aftermath of tragic events or conditions. It will provide a world of how this work the framework for exploring have the opportunity to clinics, and international

Fire and Ice *by Matt*

1 Saturday, October
CEU/PDA

Cold and heat therapy are rehabilitation, and whether opinions on whether or not would even say that cold t for the use of ice to treat n the basis for making a mor Callison will discuss how t theory and modern research

Breast Health and C

1 Saturday, October
CEU/PDA

Learn the etiology of common serious diseases of the breast herbs, moxibustion, and ac

How's Your Sleep? Chinese Medicine for a Good Night by Holly Guzman

3 CEU/PDA Friday, October 28, 2:00-5:00 pm

Sleep is an issue that touches everyone, from infants to the elderly. Clinical successes through Chinese medicine are intriguingly diverse. Trouble falling asleep, staying asleep, sleeping deeply, and feeling rested all suggest different needs. This course will contrast the strengths of acupuncture, herbs, lifestyle and supplements, exploring practitioner approaches and patient responses, and accessing insightful case histories. For instance, it has been noted that learning to play the didgeridoo can reverse adult sleep apnea by restoring tone in the soft palate – whatever works!

Integrative Pain Management: Optimizing US Pain Care Through Traditional Chinese Medicine, Acupuncture and Global Health Models by Robert Bonakdar

3 CEU/PDA Friday, October 28, 2:00-5:00 pm

This course will assess the current state of pain management in the US including areas of need, and explain how the TCM and acupuncture model of care can provide important solutions from a research perspective. Bonakdar will share a global perspective on keys to optimizing pain care from an integrative standpoint, identify examples of optimized integrative pain care in the US, and show how US practitioners can implement strategies to transform pain care.

Keynote Address

Global Acupuncture for Trauma Healing by Diana Fried



1.5 CEU/PDA Friday, October 28, 7:30-9:00 pm

This keynote will explore how acupuncture has been used by volunteers around the world to heal trauma in the aftermath of disasters, war, conflict, social injustice and poverty, shootings, and other tragic events or conditions. Fried will use photos and videos to show examples from around the world of how this work has been done. The work of Acupuncturists Without Borders will provide the framework for exploring what it means to do global acupuncture service work. Students will have the opportunity to learn about the differences between disaster relief work, community service clinics, and international global service trips.

SATURDAY October 29

Fire and Ice by Matt Callison

1 CEU/PDA Saturday, October 29, 9:00-9:50 am

Cold and heat therapy are probably the most commonly applied therapeutic modalities for injury rehabilitation, and whether to use cold or heat is a topic of ongoing debate. There are widely divergent opinions on whether or not to use ice, or cryotherapy, in the treatment of musculoskeletal injury, and some would even say that cold therapy should not be used at all. Historically, there is no precedent in TCM theory for the use of ice to treat musculoskeletal injury. Fortunately, an understanding of TCM principles provides the basis for making a more informed choice on whether to use cold or heat therapy for a particular injury. Callison will discuss how to choose between cold and heat therapy, based on a combination of traditional theory and modern research about the stages of tissue healing.

Breast Health and Chinese Medicine by Jill Blakeway

1 CEU/PDA Saturday, October 29, 9:55-10:45 am

Learn the etiology of common breast disorders with an emphasis on identifying and treating those at risk of serious diseases of the breast. This course will look at how a combination of acupuncture, topical herbs, internal herbs, moxibustion, and self-massage can promote breast health and reduce breast cancer risk.

Intro to Kiiko Matsumoto Style (KMS) Acupuncture: Never Ignore an Appendix or Gallbladder Scar *by Monika Kobylecka*

1 Saturday, October 29, 11:10 am-12:00 pm
CEU/PDA

Appendicitis and gallbladder surgery scars are among the most common scars seen in clinic but are rarely suspected as culprits in a patient's symptomatic presentation. Many practitioners may be unaware that, for example, a chronic knee problem or frozen shoulder in a 35-year-old patient may have a strong connection to a simple surgery that the patient had as a young child. Using KMS acupuncture, attendees will learn how to differentiate between healed and unhealed scars and some of the most common symptoms associated with those surgical procedures. Strategies for treatment will give practitioners the ability to improve their clinical outcomes and provide their patients with longer lasting relief from their symptomatic presentation. KMS acupuncture strategies for scars are often crucial in solving particularly stubborn cases.

The Anatomy of the Sinew Channels (Jingjin) *by Matt Callison and Brian Lau*

3 Saturday, October 29, 2:00-5:00 pm
CEU/PDA

The sinew channels (jingjin) were first described in the Nei Jing Ling Shu. Most of the descriptions for the jingjin trajectories are vague and there have been very few new ideas about these descriptions since they were originally written. This course will give an analysis of the sinew channels based on their classical descriptions, expanded with current information from fascial research and functional anatomy. Offering this unique perspective, Callison and Lau will discuss common musculoskeletal injuries and demonstrate how students can diagnose and treat these injuries using the sinew channels.

The Five Stagnations in Gynecology: Using Chinese Medicine to Address PMS, Endometriosis, PCOS, PID, and Hypothalamic Amenorrhea *by Jill Blakeway*

3 Saturday, October 29, 2:00-5:00 pm
CEU/PDA

Explore the etiology of the five stagnations and their effect on the female reproductive system. Use this knowledge to develop effective treatments for patients suffering from PMS, endometriosis, PCOS, PID, and hypothalamic amenorrhea.

The Essentials of Treating Common Scars Using Kiiko Matsumoto Style (KMS) Acupuncture *by Monika Kobylecka*

3 Saturday, October 29, 2:00-5:00 pm
CEU/PDA

Appendix and gallbladder scars are not only very common, they are also very useful as clues to the patient's underlying constitutional weakness. KMS acupuncture recognizes that supporting this weakness through treatment results in a much more successful and longer lasting treatment compared to treating symptoms alone. Students will learn how to diagnose and treat the constitutional weakness of patients with an appendicitis or gallbladder surgery history and unlock the path to treating everything from digestive problems to fertility issues and pain.

Liu Family Tui Na: an Introduction to the Unique Arts and Techniques *by Dong Ji*

3 Saturday, October 29, 2:00-5:00 pm
CEU/PDA

Master Liu began his tui na training from his Sifu, Master Li Xinmin, in Shanghai, whose family has been serving in the Emperor's court for generations as doctors for the royal family. Master Li Xinmin had only seven students, each specializing in one subject, such as tui na, acupuncture, or herbal medicine. Master Liu's tui na training is different from those of the modern school system, but closer to the traditional lineage: the techniques focus on (1) "touching tendon" techniques, (2) painless therapy, which is contrary to many other massage therapists who emphasize the mantra of "no pains, no gains", (3) therapists' internal training, including the therapist's sensitivity to the qi condition of the patient and the ability to work accurately on the different layers of the body, and (4) the ability to use the mind intention.

Symposium Party

Saturday, October 29, 7:00-11:00 pm

Be sure to join our 28th Anniversary Symposium Party in the Aviary Ballroom on Saturday, October 29th from 7-11 pm. Landing on Halloween weekend, this year's party is sure to be extra special. Feel free to come dressed in costume! Enjoy live music, light dinner, and a cash bar. Make sure you bring your business card to enter the raffle sponsored by our generous Symposium exhibitors. We give away amazing prizes!

an Appendix

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How to Practice Acupuncture for Trauma Healing in Disasters and Community Service Clinics by Diana Fried and Carla Cassler

3 Saturday, October 29, 2:00-5:00 pm
CEU/PDA

How can practitioners become involved in global or US-based disaster relief work, or setting up a community service clinic to serve a population in need in their community? This course will explore these topics based on the experiences of hundreds of thousands of treatments performed by hundreds of volunteers globally. The acupuncture focuses on healing trauma and helping to restore the nervous system to a state of balance so that people can move forward, function, and transition to a healthier state of body, mind, and spirit. Additionally, the course will explore examples of work in community clinics with veterans, refugees, survivors of domestic violence, and so on. Fried will also look at the neurobiology of trauma, define secondary trauma, and examine what practitioners need to know about these topics to perform this kind of work.

SUNDAY October 30

Introduction to Chronic Conditions and the Dorsolateral Prefrontal Cortex

by Kiiko Matsumoto

1 Sunday, October 30, 9:00-9:50 am
CEU/PDA

Matsumoto will explain her research into acupuncture approaches to treating weakness of the Dorsolateral Prefrontal Cortex (DLPFC). The DLPFC begins to weaken as a condition becomes chronic or due to a threatening situation (shock/trauma). This has important implications for a variety of stubborn, chronic conditions commonly seen in the acupuncture clinic, including chronic pain, anxiety, PTSD, substance abuse, RSD/CRPS, sympathetic dominance, and chronic digestive issues.

Advanced Acupuncture Techniques: Jumping Muscle Qi by Biao Lu

1 Sunday, October 30, 9:55-10:45 am
CEU/PDA

The arrival of the qi is the most important step in increasing clinical therapy results. Warming and cooling techniques without the jumping of the qi will not be able to produce as significant results.

Sexual Behavior, Practices, and TCM for Fertility by Felice Dunas

1 Sunday, October 30, 11:10 am-12:00 pm
CEU/PDA

At its core, the human body's purpose is to recreate its species. When someone faces a fate as the end of a genetic line due to infertility, that person goes through deep, primitive changes. As a result, infertile individuals and couples may inadvertently live and love in ways that inhibit their most heartfelt dreams from being realized. TCM has a long history of addressing the complexity of infertility, including its effects on all aspects of self: spirit, emotion, thought, health, and behavior. In this course, Dunas will explore a unique perspective of infertility care, including behavioral patterns commonly seen in infertile individuals and couples, as well as which qi and organ syndromes are involved and why. She will also briefly detail the history of TCM's views of and practices for sexuality and fertility.

Sex, Love, and Infertility Care by Felice Dunas

3 Sunday, October 30, 2:00-5:00 pm
CEU/PDA

Dunas will explore how love, relationships, and sex affect, and are affected by the struggle to conceive. She will elaborate on how TCM theoretical structures can be used to explain behavior patterns within and between infertile patterns. Dunas will expand upon the morning presentation about sex, its improper use as an exacerbating agent, and its appropriate use as a healing agent in the infertility process. Students should bring difficult cases to class; case studies from those in attendance will form the basis of a group conversation regarding best practices. Students will learn how to use their diagnostic skills to understand how patients' romantic lifestyles may have contributed to their conception problems and how their behavior, both in and out of the bedroom, can heal them. Learn how to address delicate topics in the treatment room without violating patient privacy or professional ethics.

Advanced Acupuncture Techniques: Warming and Cooling by Biao Lu

3 CEU/PDA Sunday, October 30, 2:00-5:00 pm

The arrival of the qi is the most important step in increasing clinical therapy results. Warming and cooling techniques without the jumping of the qi will not be able to produce results that are as significant as they could be. In learning the techniques of warming and cooling, clinical results will be better and longer lasting.

Chronic Conditions and the Dorsolateral Prefrontal Cortex by Kiiko Matsumoto

3 CEU/PDA Sunday, October 30, 2:00-5:00 pm

Matsumoto explains and demonstrates key shaoyang scalp points that can be used to treat weakness of the Dorsolateral Prefrontal Cortex (DLPFC). The DLPFC begins to weaken as a condition becomes chronic or due to a threatening situation (shock/trauma). This has important implications for a variety of stubborn, chronic conditions commonly seen in the acupuncture clinic, including chronic pain, anxiety, PTSD, substance abuse, RSD/CRPS, sympathetic dominance, and chronic digestive issues. A variety of other Kiiko Matsumoto style strategies will also be demonstrated and explained during live demonstrations.

Heart-Brain Harmonics: The Ko Cycle's Water-Fire Relationship I n Our Well-Being by David Ford

3 CEU/PDA Sunday, October 30, 2:00-5:00 pm

Ford will examine the dynamic relationships between the heart-fire organs (heart, small intestine, pericardium, triple warmer) and brain-water organs (bladder, kidney), their roles in health and well-being, and their intimate guidance in all aspects of physical and mental optimization. The course will examine how leading-edge Western medical science findings are confirming ancient knowledge and how Five-Elements' visual and nature-centric cartography provides the map to maintain the harmony and balance necessary to face life's daily surprises. Ford will also examine the ko cycle's role in what he has coined the body-mind-spirit-soul's "evolutionary cosmological journey" through life. Simple, easy to understand point combinations and insights into the use of the "spirits of the points" for mental and physical well-being will be shared.

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Claudia Citkovitz · Hamid Montakab · Neil Gumenick
Arnaud Versluys · Brian Lawenda · Holly Guzman
Matt Callison · Brian Lau · Jill Blakeway
Monika Kobylecka · Dong Ji · Kiiko Matsumoto
Felice Dunas · Biao Lu · Lillian Bridges
Whitfield Reaves · Diana Fried (Keynote)

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Please remit this form, a check for \$5000.00, and the requested documentation by 2/1/17.

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Please list the supporting documentation submitted. You may attach additional pages if necessary.

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Please list any organizations or entities which have evaluated your curriculum, including dates and results. You may attach additional pages if necessary.

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